

Tell us about what keeps you happy, healthy and well

Tell us what you think



1. Do you think the idea is a good one?

Yes

No

Not sure



Easy read survey

What this booklet is about



In July 2022 we started an **Integrated** Care System for all of Bristol, North Somerset and South Gloucestershire. **Integrated** means we will work together.



This brings NHS Trusts, Local Councils, GP practices, community and mental health services together to plan health and care.



We want to know what's important to you. We want to know what keeps you well and what support you need. This will help us make good plans.



In this booklet we have some questions for you to answer. This is called a **survey**.

How to fill in this survey



Click on the little boxes to pick the answer that is right for you.



Click on the big boxes and type to tell us your answer.



If you want some help you can email us at this address
bnssg.engagement@nhs.net



We will keep your answers but we won't tell anyone your name.

The survey starts here

1. What keeps you happy, healthy and well?

Write your answer in the box below.



2. What stops you being happy, healthy and well?

Write your answer in the box below.



3. What do you need to help keep you happy, healthy and well?

Write your answer in the box below.



A large empty rectangular box for writing the answer to question 3.

4. What would you do first to help everyone in Bristol, North Somerset and South Gloucestershire keep happy and healthy?

Write your answer in the box below.



A large empty rectangular box for writing the answer to question 4.

Our 4 goals

We want people to be healthier for longer.



5. How do you think we can do this?
Write your answer in the box below.

We want to work with you and your community to help improve your mental wellbeing. This is how you think and feel.



6. How do you think we can do this?
Write your answer in the box below.

We want to make sure everyone can use health and care services when they need it.



7. How do you think we can do this?

Write your answer in the box below.

We want more people to be able to tell us they live in a healthy, happy and safe place.



8. How do you think we can do this?

Write your answer in the box below.

Here is a reminder of our goals.



- **We want people to be healthier for longer.**
- **We want to help everyone's mental wellbeing be better. This is how you think and feel.**
- **We want to make sure everyone can use health and care services when they need it.**
- **We want more people to tell us they live in a healthy, happy and safe place.**

9. How do you think people in the area can help us with these 4 goals?
Write your answer in the box below.



About you



Please tell us about you. This helps us check we are hearing from lots of different people.

10. Are you doing this survey for yourself or someone else?

Choose **1** box that is right for you.



- For myself I don't want to say
- For someone in my family
- For an organisation. Tell us which one



11. Tick 1 box that is right for you.



- I work in health and social care.
- I work for an organisation or charity in the community.
- I don't want to say.

12. Are you an unpaid carer? This means you look after someone but are not paid.

Choose **1** box that is right for you.



Yes



No



I don't want to say

13. Would you say you are a disabled person?

Choose **1** box that is right for you.



Yes. Tell us about your disability



No



I don't want to say

14. Do you have a physical or mental health condition or illness that might last longer than a year.

Choose **1** box that is right for you.



 Yes. Go to **question 15**

 No. Go to **question 17**

 I don't want to say. Go to **question 17**

15. Does your health condition or illness stop you doing day to day things like eating, washing, walking or going shopping?


Choose **1** box that is right for you.



 Yes, a lot

 Yes, a little

 No

 I don't want to say

16. What is your health condition or illness?

Write your answer in the box below if you are happy to tell us.



17. What is your sex? Sex means if your body is male, female or something different.

Choose **1** box that is right for you.



Female

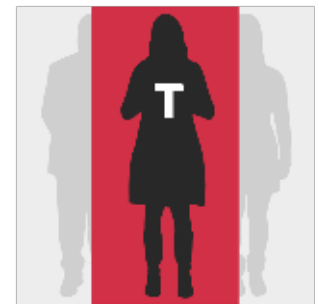


I don't want to say



Male

18. Is your gender the same as your sex when you were born? Gender means if you describe yourself as male, female or something different.
Choose **1** box that is right for you.



Yes. **Go to question 20**



No. **Go to question 19**



I don't want to say. **Go to question 20**

19. How would you describe your gender?

Write your answer in the box below if you are happy to tell us.



20. How old are you?

Choose **1** box that is right for you.





- | | |
|--|---|
| <input type="checkbox"/> Under 16 years | <input type="checkbox"/> 16 to 18 years |
| <input type="checkbox"/> 18 to 24 years | <input type="checkbox"/> 25 to 34 years |
| <input type="checkbox"/> 35 to 44 years | <input type="checkbox"/> 45 to 54 years |
| <input type="checkbox"/> 55 to 64 years | <input type="checkbox"/> 65 to 74 years |
| <input type="checkbox"/> 75 to 89 years | <input type="checkbox"/> 85 years and older |
| <input type="checkbox"/> I don't want to say | |

21. Do you have any children living at home that you look after?

Choose **1** box that is right for you.



-  Yes. Tell us how old they all are 

-  No
-  I don't want to say

22. What is your ethnic group? Ethnic

group means your background and where you come from.

Choose **1** box that is right for you.



White Welsh, English, Scottish, Northern Irish or British

White Irish

White Gypsy or Irish Traveller

Any other White background. Please tell us



Mixed White and Black Caribbean

Mixed White and Black African

Mixed White and Asian

Any other Mixed background. Please tell us



Asian or Asian British Indian

Asian or Asian British Pakistani

Asian or Asian British Bangladeshi

Asian or Asian British Chinese

Any other Asian background. Please tell us



There are more choices on the next page

Black or Black British African

Black or Black British Caribbean

Any other Black background. Please tell us 



Other group – Arab

Any other group. Please tell us 



 I don't want to say

23. What is your sexual orientation?

Sexual orientation means who you are attracted to.


Choose **1** box that is right for you.




Heterosexual or straight

Gay or lesbian

Bisexual

I want to use my own words 

 I don't want to say

24. What is your religion?

Choose **1** box that is right for you.



No religion

Christian

Buddhist

Hindu

Jewish

Muslim

Sikh

Other. Please tell us



 I don't want to say



25. Tell us about your work.

Choose **1** box that is right for you.

I work full-time

I work part-time


I work for myself

I'm not working and
I'm not looking for work

I'm a student

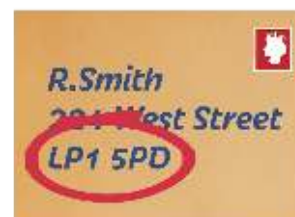
I'm retired

I'm not working and
I'm looking for work

 I don't want to say

26. What is your full postcode?

Write your answer in the box below.



We might want to contact you

27. Can we contact you to ask you about this survey?

Choose **1** box that is right for you.



 Yes

 No

28. Would you like to join a group to tell us more about health and care.

The group is called the Healthier Together Citizens' Panel.

Choose **1** box that is right for you.



 Yes

 No

29. Would you like to enter a prize draw? You could win up to £125 in high street vouchers.

Choose **1** box that is right for you.



 Yes

 No



Please answer the questions on this page if you are happy for us to contact you, want to join our group, or want to enter the prize draw.

What is your name?

Write your answer in the box below.

R.J. SMITH



What is your email address?

Write your answer in the box below.



What is your telephone number?

Write your answer in the box below.



How to return your survey



You must return this survey to us.



Email your survey to this address
Bnssg.engagement@nhs.net



Post your survey to this address
Freepost BNSSG Engagement



You won't need a stamp to post your survey.

Thank you



Thank you for telling us what you think.



You can read about our work and the changes we make at this website <https://bnssghealthiertogether.org.uk/haveyoursay>



Thank you to A2i for the words www.a2i.co.uk (reference 35438)

The full version of this document is called **BNSSG Integrated Care System – ‘Have Your Say’ – Feedback Survey**