

Healthier **Together**



Improving health and care in Bristol,  
North Somerset and South Gloucestershire

Welcome to the  
**Healthier Together Conference 2019:  
Our Five Year System Plan**



@HTBNSSG #HealthierTogether

# Welcome

**Jeff Farrar**

Chair of University Hospitals Bristol NHS Foundation Trust  
& Chair of Weston Area Health Trust



# Our Healthier Together Partnership Board is made up of 11 organisations...



Avon and Wiltshire Mental Health Partnership NHS Trust  
BNSSG Clinical Commissioning Group  
North Bristol NHS Foundation Trust  
South Western Ambulance Service NHS Foundation Trust  
University Hospitals Bristol NHS Foundation Trust  
Weston Area Health NHS Trust (merger with UHB as of April 2020)



# ...but we are nothing without you!



# Our population and what we know already

## **Dr Geeta Iyer**

GP and Clinical Lead for Primary Care Development for Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group (BNSSG CCG)

## **Dr Charlie Kenward**

GP and Clinical Lead for Research and Improvement for BNSSG CCG





# Our challenge



73% of BNSSG residents report that they are **feeling healthy**



If BNSSG residents were in control of the health and care budget, 28% of it would be split equally between adult and children's mental health



11% of BNSSG residents report that they have had an outpatient or clinic appointment that they considered to be a waste of their time



65% of BNSSG residents currently **feel in control** of their lives



They would split a further 30% of the budget equally between hospital care and General Practice



13% of BNSSG residents report that they have had surgery or treatment that they later regretted (or know someone who has)



Only 62% of BNSSG residents currently **feel happy**



The remaining 42% of the budget would be shared relatively equally between services for older people, learning disabilities, end of life care, children's social care and adult social care



Between one half and two thirds of BNSSG residents would travel (up to 3 hours on average) to receive specialist care with better results, rather than stay close to home

# Our ambitions for the future

## Julia Ross

Joint STP Lead Executive for Healthier Together  
and Chief Executive for Bristol, North Somerset and  
South Gloucestershire Clinical Commissioning Group





# We have a strong ambition on behalf of the communities we serve



Putting people at the heart of what we do



Co-designing services with our population



Taking a values-based approach to healthcare

# And we share the ambitions in the Long Term Plan

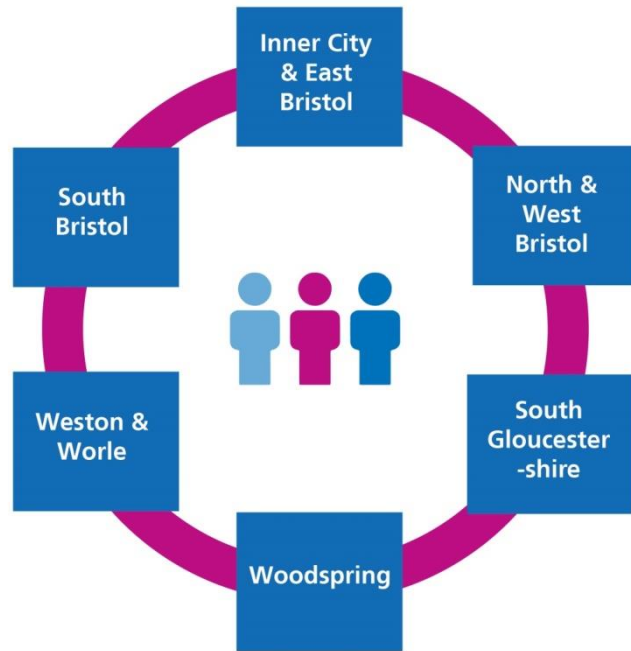


- A health service fit for the future
- ‘Ambitious but realistic’ goals to support healthier communities
- 21<sup>st</sup> century service models including better out-of-hospital care

# We're building the architecture to join up care, focused on people's wellbeing and health



# Moving towards a community-based model of care



## LOCALITIES

- Focus on wellbeing and health
- GPs working together with others
- Locality Hubs
- Voluntary and community sector

## ACUTE & SPECIALIST

- Acute & Reactive Care (24/7)
- Specialist Advice & Support

# With great GP services as the 'bedrock'

Around **90%** of people's health interactions take place in primary care



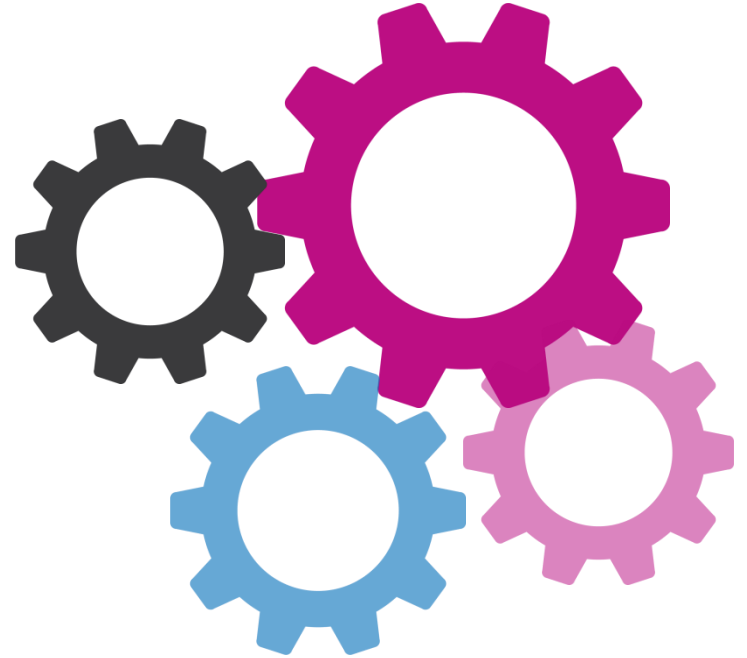
# Specialist care will be integrated with the community

- People will be supported to stay well closer to home, reducing admissions to hospital
- Specialist hospital staff will join up with local health teams
- Hospitals in BNSSG will increasingly operate as a network, sharing resources and improving quality



# And we will continue to develop our ‘centres of excellence’

- Building on our progress in cancer treatment, cardiac surgery and paediatrics
- Working in partnership with our universities to promote research, education and innovation
- Being at the forefront of exciting developments for patients – for example in genomics and stroke



# Our ultimate ambition is to improve people's experience of care, based on what we've heard

Earlier diagnosis and treatment of e.g. cancer

Booking appointments on my smart phone

More early help to stay well

Services that understand my culture and beliefs

Joined up care for me and my family with no barriers between mental and physical health

Telling my story once



From...

What's  
the  
matter  
with you?

To...

**What  
matters  
to you?**

Healthier **Together**



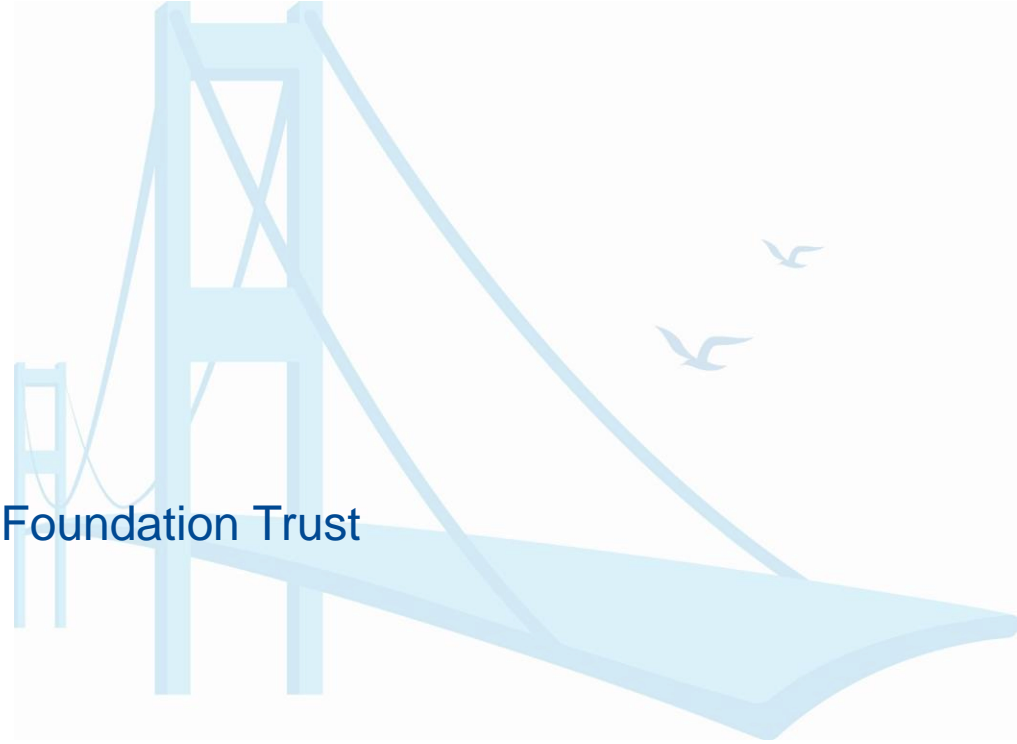
Improving health and care in Bristol,  
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# Choice of six workshops



@HTBNSSG #HealthierTogether

# Panel question & answer session



**Chaired by Jeff Farrar**

Chair of University Hospitals Bristol NHS Foundation Trust  
& Chair of Weston Area Health Trust

# Guest speaker – Happy City

**Liz Zeidler**  
Chief Executive





**HAPPY  
CITY**

# WHAT ARE THE INGREDIENTS FOR LASTING WELLBEING OR HAPPINESS?



Meaning Opportunity  
Health Love  
Hope Nature  
Fairness Joy Trust Generosity  
Purpose Belonging  
Friends Safety  
Learning Laughter  
Community Creativity  
Fulfillment Strengths

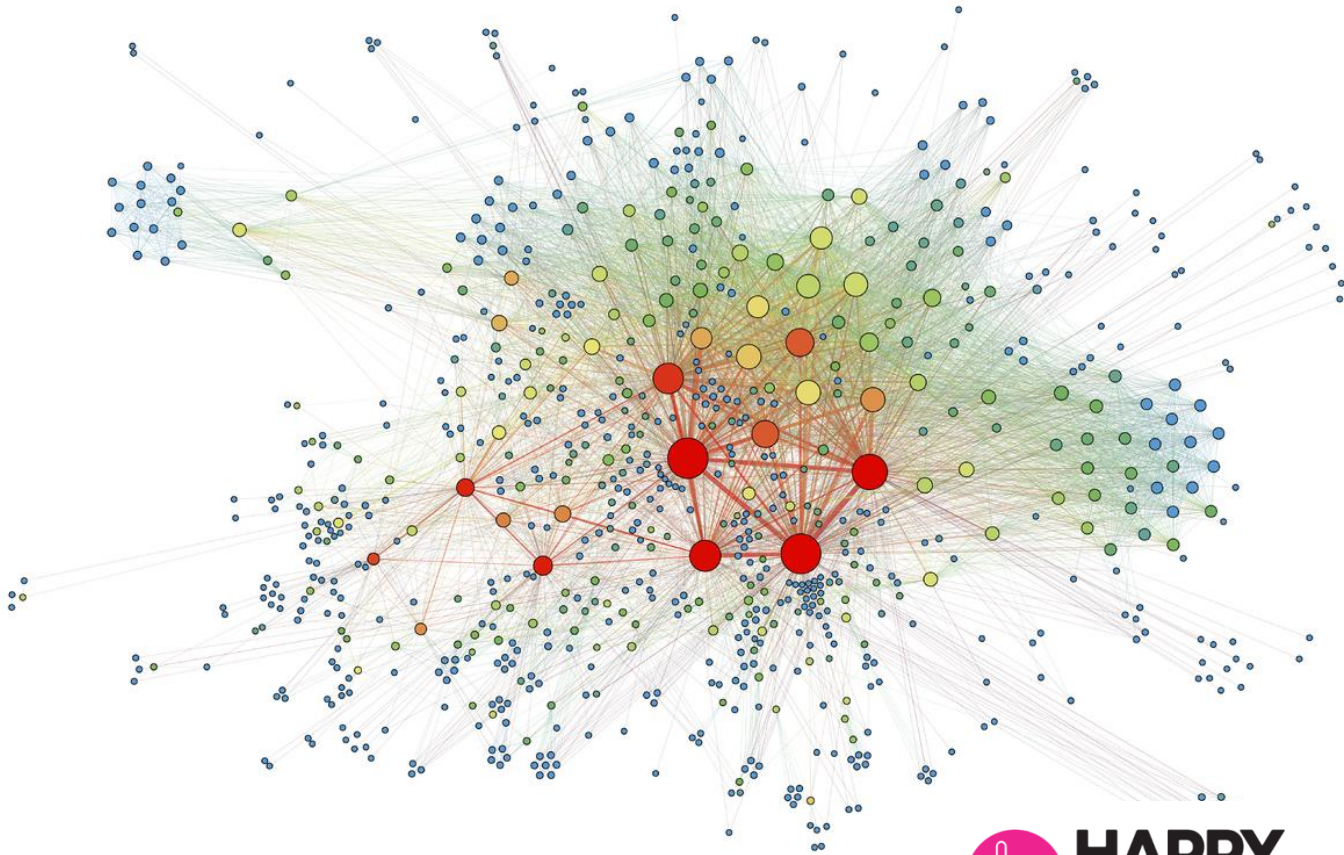


**HAPPY  
CITY**



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## WELLBEING IN YOUR WEEK

<b>ACTIVITY</b>	<b>CONNECT</b>	<b>LEARN</b>	<b>ACTIVE</b>	<b>NOTICE</b>	<b>GIVE</b>	<b>MEANING/ PURPOSE</b>
Walk the Dog						
Drive to work						
Meetings						
Visit Mum in hospital						
Cook for the kids						
Go to Choir						



**“If we **measure** the wrong things  
we **strive** for the wrong things”**

*Joseph Stiglitz*

*Former Chief Economist at the World Bank*





# **HAPPINESS PULSE**

[www.happinesspulse.org](http://www.happinesspulse.org)

# The Pulse Framework



“We **have** an economy that grows,  
whether or not we thrive,  
and what we **need** is an economy  
that helps us thrive  
whether or not it grows”

*Kate Raworth – Renegade Economist*

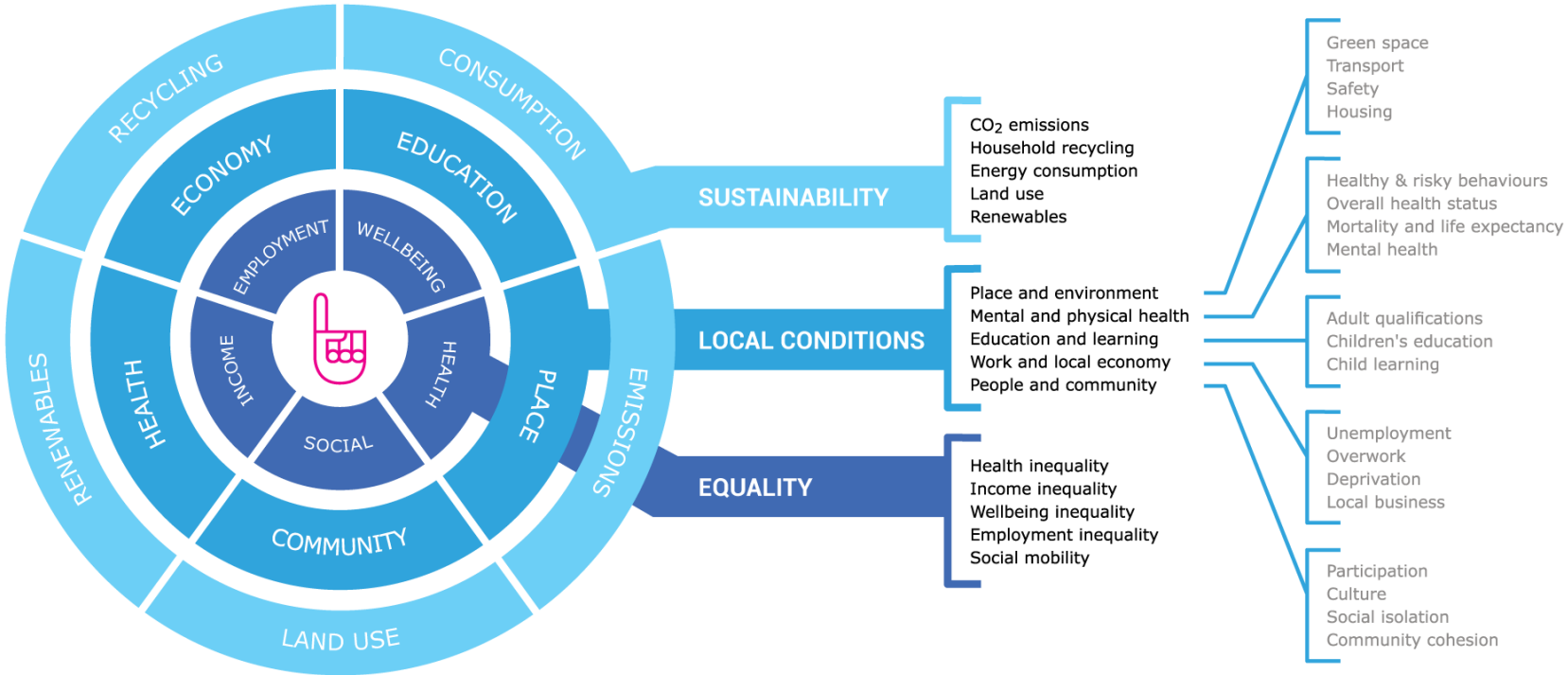




**THRIVING  
PLACES  
INDEX**

[www.thrivingplacesindex.org](http://www.thrivingplacesindex.org)

# The TPI Framework







Look

 **THRIVING  
PLACES  
INDEX**

 **HAPPINESS  
PULSE**

# A FEW TAKE AWAYS

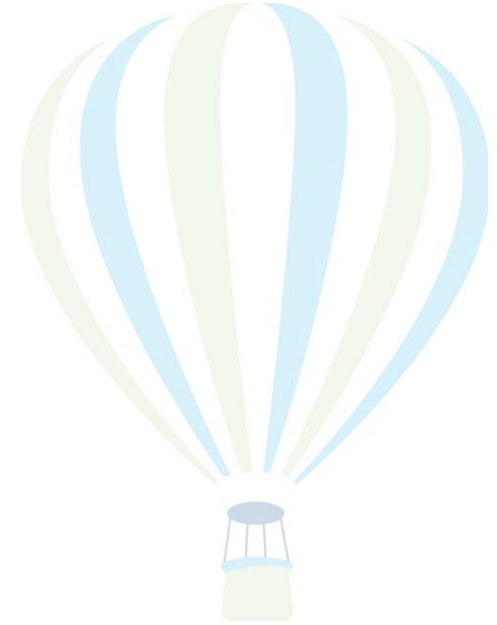
- Wellbeing really matters
- It's infectious
- You can measure, understand and improve it
- We need to value and invest in it individually, collectively and societally
- Wellbeing economics is the future





[www.happycity.org.uk](http://www.happycity.org.uk)  
[www.happinesspulse.org](http://www.happinesspulse.org)  
[www.thrivingplaces.org](http://www.thrivingplaces.org)

# Reflections and event close



## Julia Ross

Joint STP Lead Executive for Healthier Together  
and Chief Executive for Bristol, North Somerset and  
South Gloucestershire Clinical Commissioning Group

# This is the end of the event...

...but the start of an ongoing conversation

We will ask for feedback on the event in the next few days and at the same time ask if you want to get more closely involved in programmes of work



**Thank you for coming today!**  
**We wish you a safe journey home**