

Some of the health issues in Bristol, North Somerset and South Gloucestershire

Healthier Together

Improving health and care in Bristol, North Somerset and South Gloucestershire

We have an aging population with complex health needs

10,000 more over 75s in the next 4 years

1 in 10 people live in areas of **high social deprivation**



22% of our 75+ population had at least **one emergency hospital visit** in 2017



44,000 people over 17 have diabetes

9% of the adult population have a **diagnosis of depression**



Life expectancy can vary by up to

15 years

across different areas

Healthy life expectancy

63

years for men

65

years for women

Overall life expectancy

80

years for men

84

years for women



Around **2 out of 3** adults are overweight or obese
1 out of 3 children (aged 10 and 11) are overweight or obese

1 in 10

pregnant women are smokers at the time of giving birth

1 in 10

15 year olds smoke

There are around **6,000**

alcohol-related hospital admissions per year



About

1 in 4 adults report that they binge drink

Common risk factors include

Excessive alcohol consumption



Smoking and poor diet



Low levels of physical activity



To find out more visit www.bnssghealthiertogether.org.uk