Psychological Health Services

# Huca de le

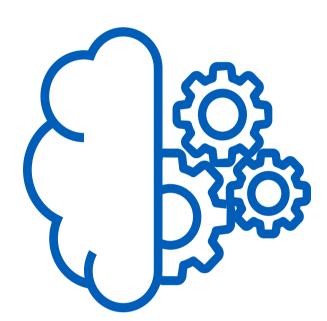
End-of-week 20-min check-in





## How has week been?

Briefly, how is everyone doing?



# Learning for next week?

Are there any specific things we need to learn from this week? Or to think about doing differently next week?



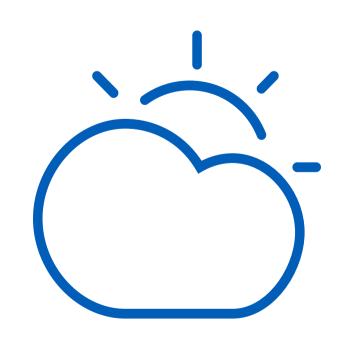
# What's troubled you this week?

Have a think about whether it is something that needs addressing or that you can let go of. If you feel it needs addressing, please do speak to a senior member of the team



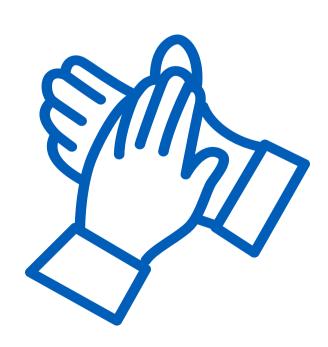
# What's gone well this week?

Anything positive we can use?



### Making next week better

How can we make next week ok for everyone?



#### **Thanks**

Let's briefly acknowledge what we've seen each other do this week