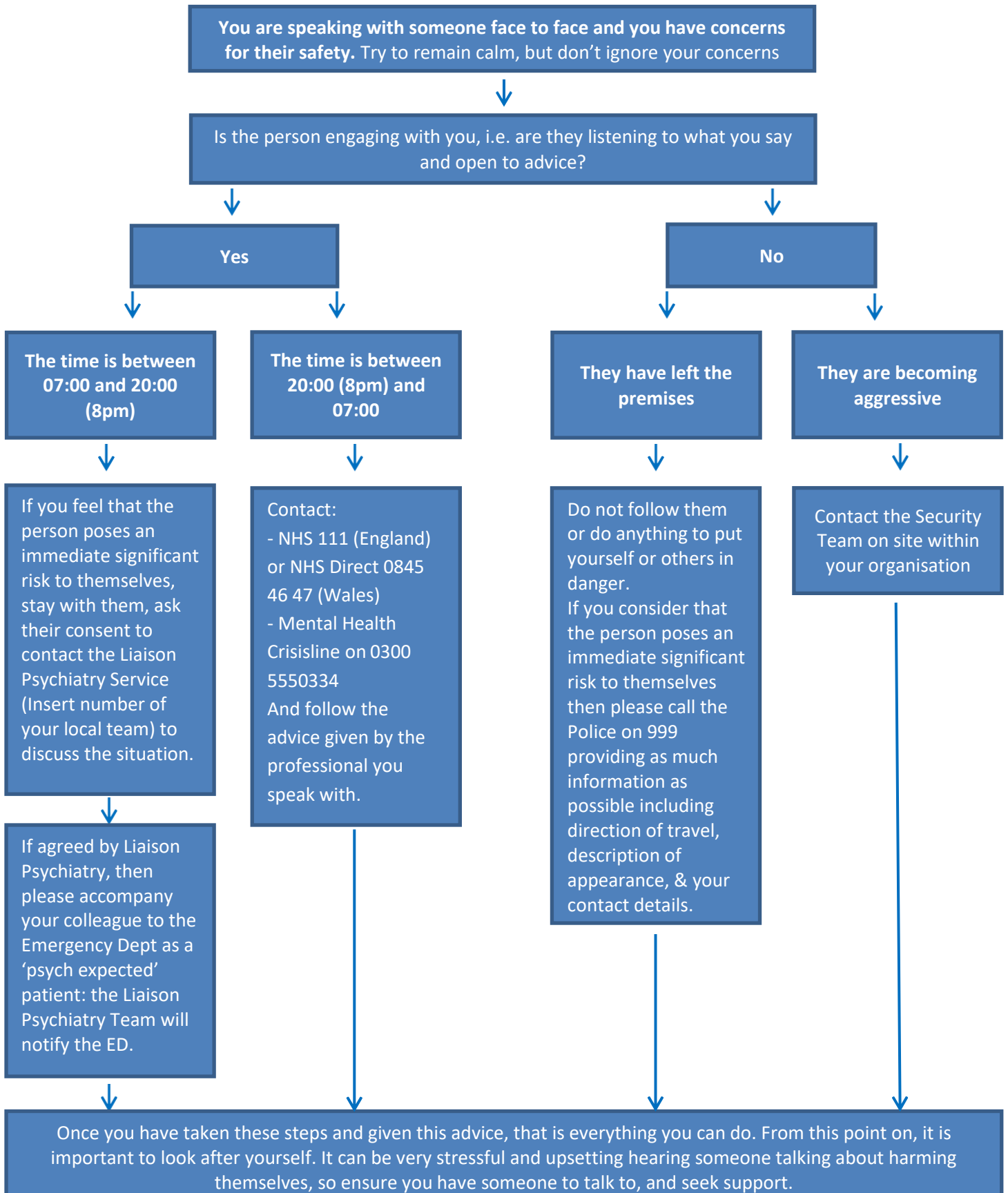


What to do if a colleague tells you they might harm themselves.

This side explains what you should do if you **are actually with the person.**
NB: The reverse side explains what you should do if you are not with the person (e.g. instead you are speaking on the phone).



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