



# NEW Trauma support service

If someone in your team has experienced a traumatic event at work, we're on hand to guide you through the best ways to support them.

## A new consultation service for managers

In the aftermath of a distressing event that's affected your team at work, we can talk you through the most supportive things to do in the hours, days and weeks that follow.

We can also help you develop an action plan to support people on their pathway to recovery.

From the 28th April 2022 - Call our advice line for a consultation with a clinical psychologist within one working day.

Healthier Together

Support Network

*your wellbeing matters*



The Healthier Together Support Network is a team of clinical psychologist, experienced in supporting teams working in health and care settings.

**To book a consultation and find out more our service for health and care staff, go to: [bnssghealthiertogether.org.uk/support-network](https://bnssghealthiertogether.org.uk/support-network) or call 0117 342 4740**