

# Bristol, North Somerset & South Gloucestershire Integrated Care System Mental Health Strategy

## Plan on a page

**This strategy is for anyone who wants to understand the vision and ambitions for the future mental health system in BNSSG as well as the work which will deliver this.**

It is 'all age' meaning it covers mental health for our whole population from pre-conception to end of life.

It covers all mental health conditions, including people who may or may not have a formal mental health diagnosis. It also considers everyone from those who have good mental wellbeing through to people who might need high levels of support.

It considers where people may have mental ill health alongside other needs such as learning disabilities, autism or ADHD.

It has been co-produced in collaboration with people who have mental ill-health, as well as staff in organisations who provide support and treatment, incorporating their valuable insight and experiences.

## Where are we now?

**As a system, we have made real progress in improving mental health support and care over recent years.**

However, we know that there is still much more to do and that many people do not get the support they need when they need it. Becoming an Integrated Care System gives us the opportunity to work creatively and collaboratively to deliver transformation.

## How will we get there?

We have chosen six priority areas to help us achieve our vision of 'Better mental health for all'. In our full strategy document each of these areas has a set of actions that will be taken to support the improvement of our mental health system.

## Six Ambitions:

### 1 Holistic care

People of all ages will experience support and care which considers everything that might help them stay well.

### 2 Prevention and early help

People of all ages, their families and carers will get the support they need in the right place and in a timely way, as early as possible.

### 4 Sustainable system

We will have an economically and environmentally sustainable mental health system that delivers maximum benefit to the community.

### 3 Quality treatment

The treatment provided to people of all ages is of a high quality and supports them to stay well in their local communities or closer to home.

### 5 Advancing equalities

We will reduce health inequalities by improving equity of access, experience and outcomes throughout people's lives.

### 6 Great place to work

We will have a happy, diverse, inclusive, trauma-informed and stable workforce within our system.

**Underpinned by: Working together to create the wider social and economic conditions to support positive mental health and wellbeing, including investing in a healthy start in life.**

## How will we know we have been successful?

We have identified ways to measure the impact of the work under each action so that we can know if we are making the difference we want. As a system, we will develop annual 'Joint Forward Plans' which will be aligned to the priority areas within our strategy and will include more detail on how we will deliver change.

**When all organisations in our system work together to deliver change, the impact can be transformational.**

Healthier Together

Improving health and care in Bristol,  
North Somerset and South Gloucestershire

