

# **Skin Excision for Contouring & Loose Skin including Buttock, Arm and or Thigh Lift**

## **Exceptional Funding Request**

Before consideration of referral for management in secondary care, please review advice on the Remedy website ([www.remedy.bnssg.icb.nhs.uk/](http://www.remedy.bnssg.icb.nhs.uk/)) or consider use of advice and guidance services where available.

If the patient in question is clinically exceptional compared to the cohort, then an Exceptional Funding Application may be appropriate. The only time when an EFR application should be submitted is when there is a strong argument for clinical exceptionality to be made. EFR applications will only be considered where evidence of clinical exceptionality is provided within the case history/primary care notes in conjunction with a fully populated EFR application form.

Skin excision for contouring including the lifting of buttock, arm and/or thigh is regarded as a cosmetic procedure and as such is not routinely funded.

For more guidance please see <https://remedy.bnssg.icb.nhs.uk>

## **Skin Excision for Contouring & Loose Skin including Buttock, Arm and or Thigh Lift – Plain Language Summary**

Body Contouring is any procedure that alters the shape of different areas of the body. This is most considered when people have lost a large amount of weight and looking to remove excess skin.

This policy has been developed with the aid of the following:

1. National Health Service (2019) Health A to Z: Cosmetic procedures [online] [www.nhs.uk/conditions](http://www.nhs.uk/conditions)
2. Mayo Clinic (2022) Cosmetic Surgery [online] [www.mayoclinic.org](http://www.mayoclinic.org)

### **Connected Policies**

- Abdominal Loose Skin Removal
- Breast Surgery – Female
- Breast Surgery - Male
- Cosmetic Surgery or Treatment
- Divarication of Recti
- Facial Surgery and Treatments
- Liposuction to Reduce Fat Pockets & Deposits

### **Due regard**

In carrying out their functions, the Bristol, North Somerset and South Gloucestershire Clinical Policy Review Group (CPRG) are committed to having due regard to the Public Sector Equality Duty (PSED). This applies to all the activities for which the ICBs are responsible, including policy development and review.

## Document Control

<b>Title of document:</b>	Skin Excision for Contouring & Loose Skin including Buttock, Arm and/or Thigh Lift Policy
<b>Authors job title(s):</b>	Policy Development Support Officer
<b>Document version:</b>	v2324.02.01
<b>Supersedes:</b>	v1819.02.01
<b>Discussed at Commissioning Policy Review Group (CPRG):</b>	25.07.2023
<b>Approval Route (see <u>Governance</u>):</b>	1
<b>Approval Date:</b>	25.07.2023
<b>Date of Adoption:</b>	1 <sup>st</sup> April 2019
<b>Publication/issue date:</b>	25.07.2023
<b>Review due date:</b>	Earliest of either NICE publication or three years from approval.

## Governance

Commissioning policies are assessed for their likely level of impact on BNSSG ICB and the population for which it is responsible. This determines the appropriate level of sign off. The below described the approval route for each score category.

<b>Policy Category</b>	<b>Approval By</b>
Level 1	Commissioning Policy Review Group.
Level 2	Chief Medical Officer, or Chief Nursing Officer, or System Executive Group Chair
Level 3	ICB Board

## OPCS Procedure codes

Must have any of (primary only):

## Support

If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Customer Services Team on: **0117 900 2655** or **0800 073 0907** or email them on [BNSSG.customerservice@nhs.net](mailto:BNSSG.customerservice@nhs.net).