

Reference: FOI.ICB-2324/068

Subject: BNSSG Mental Health and Wellbeing Hub

*I can confirm that the ICB **does not hold the information requested**; please see responses below:*

QUESTION	RESPONSE
<p>Information requested under the Freedom of Information act is with reference to the NHS staff mental health and wellbeing hub – also known as staff support hubs, or resilience hubs – named BNSSG Mental Health and Wellbeing Hub.</p>	
<p>Q1) What is the total number of referrals to the hub from the date the hub launched in 2021 until 31 March 2023, for the following service user groups:</p> <ul style="list-style-type: none"> a) NHS staff (please breakdown by profession, if possible) <ul style="list-style-type: none"> a. Individuals b. Teams b) Social care staff <ul style="list-style-type: none"> a. Individuals b. Teams 	<p>BNSSG ICB does not hold this information. This service is provided by University Hospitals Bristol and Weston NHS Foundation Trust (UHBW).</p> <p>We advise you to contact UHBW directly: FreedomOfInfo@uhbw.nhs.uk</p> <p>https://www.uhbw.nhs.uk/p/how-we-use-your-data/freedom-of-information-foi-requests</p>
<p>Q2) How many referrals did the hub receive from 1 April 2022 until 31 March 2023, for the following service user groups:</p> <ul style="list-style-type: none"> a) NHS staff (please breakdown by profession, if possible) <ul style="list-style-type: none"> a. Individuals b. Teams 	<p>See above</p>

<p>b) Social care staff a. Individuals b. Teams</p>	
<p>Q3a) What are the top 10 reasons for referral to the hub (e.g. work-related stress, Covid-19, anxiety, depression, relationship problems, trauma, burnout, financial worries) from the date the hub launched in 2021 until 31 March 2023, for the following service user groups, a) NHS staff (please breakdown by profession, if possible) b) Social care staff</p> <p>Q3b) How many referrals did the hub receive for each reason for referral, from the date the hub launched in 2021 until 31 March 2023, for the following service user groups: a) NHS staff (please breakdown by profession, if possible) b) Social care staff</p>	<p>See above</p>
<p>Q4) Following clinical assessment, how many hub service users required each level of support categorised below, from the date the hub launched in 2021 until 31 March 2023, by service user group:</p> <ul style="list-style-type: none"> • Number of hub service users who received Lower level support – signposting to information and advice, guided self-help, low-level CBT, psychological education <ul style="list-style-type: none"> ○ NHS staff ○ Social care staff 	<p>See above</p>

<ul style="list-style-type: none"> • Number of hub service users who received Mid level support – Mid-level CBT and other psychological interventions <ul style="list-style-type: none"> ○ NHS staff ○ Social care staff • Number of hub service users to received High level psychological support – acute support, including trauma informed therapies and clinical combined treatments <ul style="list-style-type: none"> ○ NHS staff ○ Social care staff • Number of hub service users who were referred to other services <ul style="list-style-type: none"> ○ NHS staff ○ Social care staff 	
<p>Q5) What is the annual running cost of the hub?</p>	<p>See above</p>
<p>Q6) What alternative mental health and wellbeing support is available for NHS and social care staff, in the ICB/ICS area, excluding the hub?</p>	<p>See above</p>

Q7) What other mental health and wellbeing support needs, if any, has the hub provided, since opening? For example, major incident response support, or provision out of initial scope for the hub. Please describe.	See above
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The information provided in this response is accurate as of 22 May 2023 and has been approved for release by Sarah Truelove, Deputy Chief Executive and Chief Finance Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.