

Reference: FOI.ICB-2324/341

Subject: Long Covid Clinics/services

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE
1. Do you have a specialist service for long Covid patients? Please name the clinic/service	Sirona care & health provide a Long Covid service/clinic
2. How many patients in your local NHS area have been referred to the clinic/service to date?	2840 referrals as of November 2023
3. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of: a) doctor b) nurse c) physiotherapist d) occupational therapist e) clinical psychologist/psychiatrist/ CBT practitioner f) other, please specify	a) 0.2 FTE GP b) 1 FTE Nurse c) 1.6 FTE Physio d) 3.4 FTE OT e) 0.4 FTE Psychologist f) 0.6 FTE Paramedic and 1.6 FTE Care Coordinator. This is the FTE of clinical staff employed in the Sirona service. Additional staff are employed by North Bristol NHS Trust to provide additional services.

<p>4. For any doctors employed, please specify their specialism e.g. GP, cardiologist, neurologist</p>	<p>GP- special interest in Long Covid</p>
<p>5. Does the service have the ability in-house to prescribe medications to long Covid patients?</p>	<p>No – Advice and guidance is provided to GP, often through MDT discussions for GP to then prescribe</p>
<p>6. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic</p>	<p>N/A</p>
<p>7. Does the service have the ability to order tests and scans?</p>	<p>No – Advice and guidance is provided to GP regarding investigation to complete if not already supported.</p>
<p>8. If so please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic</p>	<p>Completed within the service: NASA Lean test or Active stand test Brompton Breathing Pattern Assessment Nijmegen questionnaire</p>
<p>9. Please provide figures for how many patients referred to the clinic/service received the following type of treatment:</p> <ul style="list-style-type: none"> a) A wellbeing programme b) physical rehabilitation c) psychological support d) A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta 	<p>Data not available</p>

<p>Programme or Nuffield programme (please specify which) d) drug treatment e) other, please specify</p>	
<p>10. If not provided in-house, which of the following types of services does the clinic/service refer patients on to or recommend?</p> <p>a) A wellbeing programme b) physical rehabilitation c) psychological support d) A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which) d) drug treatment e) other, please specify</p>	<p>Data not available</p>
<p>11. Is the clinic expected to continue running after 2025?</p>	<p>We are currently unable to provide an update related to this question as funding is defined year on year as part of NHS England planning.</p>
<p>12. * For English ICBS only* Which NHS trust is responsible for the care of patients referred to a long Covid clinic in your area?</p>	<p>Sirona care and health. Please note: Sirona care and health is a Community Interest Company (C.I.C) and not an NHS Trust.</p>

The information provided in this response is accurate as of 2 January 2024 and has been approved for release by Sarah Truelove, Deputy Chief Executive and Chief Finance Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.