**LEARNING STYLE TEST.**

ALMOST ALWAYS-AA/ SOMETIMES-S / ALMOST NEVER- AN

**AA S AN**

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1. I remember information listening to a

Presentation that includes explanations

and a discussion. - - -

2. I prefer to see information written on a board

and complemented with videos, visual helps and

adviced readings. - - -

3. I like to write thing and notes to revise the materials

Visually afterwards. - - -

4. I prefer to use behavioural examples

or role plays to learn things. - - -

5. I need explanations in diagrams

or graphs. - - -

6. I like working with my hands

or do things myself. - - -

7. I am a Good painter and I enjoy developing

Drawings and graphs. - - -

8. I can remember if two sounds are matched when

Presented in pairs . - - -

9. I can remember the things when I write them

a few times. - - -

10. I can easily undertand and follow

the instructions in a map. - - -

11. I study more effectively new subjects

Listening to audiobooks, conferences or podcasts - - -

12. I like playing about with coins or the keys

In my pocket. - - -

13. I learnt to spell more effectively by

repeating the words out loud rather

than writing them in paper. - - -

14. I understand a written article better

reading it in a newspaper rather than listening

about it in the radio or a podcast. - - -

15. I chew gum, smoke, and I like eating

whilst studying . - - -

16. I think the best way to remembering

something is imagining it in your brain - - -

17. I learnt word spelling

"spelling it with the fingers". ??? - - -

18. I prefer to listen to a Good conference

or speech on TV that reading the same material

in a text book . - - -

19. I am Good working and solving

puzzles. - - -

20. I like to have something in my hands whilst

attending conferences and classes. - - -

21. I prefer to listen to the news on the radio

rather than reading it on a newspaper. - - -

22. I prefer to obtain information about an interesting

Subject reading about it. - - -

23. I feel very comfortable with touch,

I like to give hugs and shake hands, etc… - - -

24. I find easier to follow oral instructions

Better than written ones. - - -

**SCORING PROCESS:**  
Put the value of the scores in the boxes that belong to each question. Add all the scores in each column to calculate your preferred learning style.

Almost Always 5 points

Sometimes 3 points

Almost Never 1 point

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **VISUAL STYLE** | | **AUDIBLE STYLE** | | **KINESTETIC STYLE** | |
| QUESTION | POINTS | QUESTION | POINTS | QUESTION | POINTS |
| 2 |  | 1 |  | 4 |  |
| 3 |  | 5 |  | 6 |  |
| 7 |  | 8 |  | 9 |  |
| 10 |  | 11 |  | 12 |  |
| 14 |  | 13 |  | 15 |  |
| 16 |  | 18 |  | 17 |  |
| 19 |  | 21 |  | 20 |  |
| 22 |  | 24 |  | 23 |  |
| TOTAL |  | TOTAL |  | TOTAL |  |