

Easy Read Our Mental Health Plan Bristol, North Somerset and South Gloucestershire Integrated Care System



We want Our Vision, which is for

people of all ages to have good mental health
people to be supported so they stay healthy and happy
people with autism or a learning disability to be given help with their mental health if they need it.



To make these things happen we have made a plan.

We made our plan together with people who have mental health problems and the staff who support them.



In our plan, we have chosen six things we will work on so everyone can have better mental health.

We call these our **Six Ambitions**.



1. People will get support and care to think about everything that may help them stay well.



2. People will get the support they need to stay well. If they need more help, they will get it at the right time.



3. People will get good support nearer to where they live.

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4 We will manage our money and services well so more people get the help they need and so we look after the planet.



5. We will make sure support is fair for everyone and no-one is left out.



6. We will have happy, well trained staff.



How will we know if we have been successful?

We will have a yearly plan called a **Joint Forward Plan**.

This plan will say more about how we will do these things and when.

We will keep checking how well we are doing this work and that changes are happening.

