

Abdominal Loose Skin & Soft Tissue Removal Policy

Exceptional Funding Request

Before consideration of referral for management in secondary care, please review advice on the Remedy website (<https://remedy.bnssg.icb.nhs.uk>) or consider use of advice and guidance services where available.

Abdominal loose skin and soft tissue removal is not routinely commissioned,

Note: If a second surgical procedure is compromised without abdominal loose skin or soft tissue being removed, consultants are urged to complete an EFR application, approval should be sought prior to referral to plastic surgery.

BNSSG ICB is responsible for making the best use of the NHS funds allocated to us to meet the health needs of our local population. The demand for services is greater than the resources available and therefore we have to prioritise the use of funds carefully. Our approach is to prioritise commissioning treatments, operations or drugs that are most effective.

Abdominal Loose Skin & Soft Tissue Removal – Plain Language Summary

A tummy tuck, or abdominoplasty, is cosmetic surgery to improve the shape of the tummy area (abdomen). It can involve removing excess loose skin, fat and stretch marks and tightening the abdominal muscles. The aim is to remove excess skin on the tummy that cannot be removed through exercise – for example, excess skin caused by pregnancy or losing a lot of weight.

This policy has been developed with the aid of the following references:

1. National Health Service (2023) Health A to Z: Before you have a cosmetic procedure [online] www.nhs.uk/conditions
2. National Health Service (2023) Health A to Z: Tummy tuck (abdominoplasty) [online] www.nhs.uk/conditions
3. British Association of Aesthetic Plastic Surgeons (2024) Tummy tuck (abdominoplasty) [online] www.baaps.org.uk
4. National Library of Medicine (2017) Managing Complications in Abdominoplasty: A Literature Review [online] PMID: 28946731 www.pubmed.ncbi.nlm.nih.gov

Connected Policies

Breast Surgery – Female

Breast Surgery - Male

Cosmetic Surgery or Treatment

Divarication of Recti

Facial Surgery and Treatments Liposuction to Reduce Fat Pockets & Deposits.

Due regard

In carrying out their functions, the Bristol North Somerset and South Gloucestershire Commissioning Policy Review Group (CPRG) are committed to having due regard to the Public Sector Equality Duty (PSED), and NHSE Evidence-Based Interventions (EBI). This applies to all the activities for which the ICB's are responsible, including policy development and review.

Document Control

Title of document:	Abdominal Loose Skin & Soft Tissue Removal Policy
Authors job title(s):	Commissioning Policy Development Officer
Document version:	v2425.4.00
Supersedes:	v2223.1.00
Discussed at Commissioning Policy Review Group (CPRG):	13.05.2025
Approval Route (see <u>Governance</u>):	Level 1
Approval Date:	13.05.2025
Date of Adoption:	13.05.2025
Publication/issue date:	13.05.2025
Review due date:	Earliest of either NICE publication or three years from approval.

Governance

Commissioning policies are assessed for their likely level of impact on BNSSG ICB and the population for which it is responsible. This determines the appropriate level of sign off. The below described the approval route for each score category.

Policy Category	Approval By
Level 1	Commissioning Policy Review Group.
Level 2	Chief Medical Officer, or Chief Nursing Officer, or System Executive Group Chair
Level 3	ICB Board

OPCS Procedure codes

Must have any of (primary only):

B301,B302,B303,B304,B308,B309,B311,B312,B313,B314,B318,B319,B381,B382,B388,B389,B391,B392,B393,B394,B395,B398,B399,B351,B356,B358,B359,S021,S022,S028,S029

Relevant diagnoses for this policy:

ICD10 Code: None

Diagnoses for which the above procedures are permitted:

ICD10 Code: C50, C500, C509, C501, C502, C503, C504, C505, C506, C507, C508, C509D, Z853

Support

If you would like further copies of this policy or need it in another format, such as Braille or another language, please contact the Customer Services Team on: **0117 900 2655** or **0800 073 0907** or email them on BNSSG.customerservice@nhs.net.