

Reference: FOI.ICB-2425/033

Subject: Referral Pathways for Adult Patients with Neuromuscular Spastic Disorders and Orthopaedic Surgical Needs

*I can confirm that the ICB **does not hold the information requested**; please see responses below:*

QUESTION	RESPONSE
<p>Please could you inform us on local ICB compliance with NICE guidelines NG119, Cerebral Palsy in Adults https://www.nice.org.uk/guidance/ng119, specifically with regards to the orthopaedic services as summarised here.</p> <p>Please inform us the location of the services highlighted in the text.</p> <p>Please send us any pathways relevant to the guidelines.</p> <p>Access to services</p> <p>1.1.1 Refer adults with cerebral palsy to a multidisciplinary team experienced in the management of neurological impairments if:</p> <ul style="list-style-type: none"> • their ability to carry out their usual daily activities deteriorates or • a neurosurgical or orthopaedic procedure is being considered that may affect their ability to carry out 	<p>Bristol, North Somerset and South Gloucestershire Integrated Care Board (BNSSG ICB) does not hold this information.</p> <p>Please contact the provider Sirona care and health directly: https://sirona-cic.org.uk/contact-sirona/</p>

their usual daily activities.

1.1.3 Commissioners and service providers should develop **pathways** that allow adults with cerebral palsy access to a local network of care that includes:

- orthopaedic surgery (and post-surgery rehabilitation)

1.1.4 Ensure that adults with cerebral palsy, their families and carers, and their primary care teams are provided with **information about their local network of specialist services.**

1.2.19 Provide **information on accessible local services** that support people with cerebral palsy to take part in physical activity.

1.2.20 Consider referring people with cerebral palsy to services with experience and expertise in neurological impairments that can provide **support with physical activities (including sport) and tasks of daily living.** Depending on local service provision and the person's needs, this may be to any of the following services:

- **physiotherapy**
- **occupational therapy**
- **orthotic and functional electronic stimulation services**
- **rehabilitation engineering services**

- wheelchair services.

Orthopaedic surgery

1.2.21 If people with cerebral palsy have problems participating in physical activities because of pain or joint problems that do not respond to any other treatments, consider referring them to a musculoskeletal specialist or an orthopaedic surgeon with experience and expertise in managing musculoskeletal problems in adults with cerebral palsy.

1.4 Assessment and monitoring of clinical complications and comorbidities

Disorders caused by abnormal musculoskeletal development

Refer adults with cerebral palsy to a specialist orthopaedic or musculoskeletal service if a bone or joint disorder is suspected and causing pain or affecting posture or function. These may include:

The information provided in this response is accurate as of 1 May 2024 and has been approved for release by Sarah Truelove, Deputy Chief Executive and Chief Finance Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.