

**Reference:** FOI.ICB-2526/123

**Subject:** ADHD and Autism Assessments and Post-diagnostic Services

*I can confirm that the ICB does hold some of the information requested; please see responses below:*

QUESTION	RESPONSE
<p>This is a Freedom of Information request under the Freedom of Information Act 2000 (the “Act”). Please provide the following information you have pertaining to ADHD and Autism assessments and post-diagnostic services within your ICB. I have included tables below so you can see how the data should be broken down. Please use these tables to fill out the data, if possible.</p>	
<p>1. Please provide your total annual spend and total number of patients (for each of the last three financial years) on ADHD and Autism assessments, broken down by age categories as listed below. Please include volumes from any NHS Trusts within your ICB that may deliver these services and also third party private providers* (or indicate if this is not possible).</p> <p><i>*For definition of “third party private providers” please see below. An example list of providers (for ADHD) can be found <a href="#">here</a></i></p>	<p>BNSSG ICB does not hold data showing individual numbers of adult (18+) or Children and Young People (&lt;18) ADHD and Autism assessments undertaken by NHS providers or third party private providers. The requestor is advised to contact providers directly for this information.</p> <p>BNSSG ICB does hold some information relating to spend on adult (18+) or Children and Young People (&lt;18) ADHD and Autism services during financial years 22-23, 23-24 and 24-25 and this has been added to the table as requested, however, data is provided with the following conditions:</p> <ul style="list-style-type: none"> <li>The information supplied will include all pathway costs for ADHD and Autism, which includes assessment but also post diagnostic support, follow up appointments, medication costs etc. This is because many providers consolidate all charges onto the same invoice and we are unable to separate</li> </ul>

assessment costs out over such a long period within the 18 hour response timeframe allowed.

- Due to the way invoices have historically been processed, all ADHD and Autism spend up to September 2024 was applied to the same invoicing budget code and it would not be possible to retrospectively split these out as far back as 22-23 within the 18 hour response timeframe. This means that the figures for Autism spend in 22-23, 23-24 and 24-25 will look lower compared to ADHD spend.
- Furthermore, where a third party private provider offers both ADHD and Autism assessment services it can be common for them to consolidate all activity onto one single invoice. While all reasonable steps have been taken to separate adult ADHD from adult Autism spend since September 2024, it is possible that the adult ADHD spend figure will still include some Autism activity, particularly where a provider offers combined assessments.
- A number of third party private providers also offer both adult and CYP ADHD and Autism services and it is common for them to consolidate all activity onto one single invoice. Where this has been the case, all reasonable steps have been taken to separate the activity between CYP and adults, however, due to factors outside of our control, this has not always been possible to do, so some of the adult costs may include activity within CYP services.
- The figures in the table only apply to spend with third party private providers and do not include NHS providers as these services are commissioned as part of a wider block contract extending beyond ADHD and Autism. The requestor is advised to contact the NHS providers directly to enquire whether they are able to supply this information.

TOTAL		Apr-22-Mar-23	Apr-23-Mar-24	Apr-24-Mar-25
<b>ADHD assessments – patients 18 years old and over</b>	<b>Total number of patients</b>	Please see response above		
	<b>Total annual spend</b>	£1,772,859	£3,446,107	£5,410,375
<b>ADHD assessments – patients &lt;18 years old</b>	<b>Total number of patients</b>	Please see response above		
	<b>Total annual spend</b>	£1,400	£2,800	<b>£81,882</b>
<b>Autism assessments - patients 18 years old and over</b>	<b>Total number of patients</b>	Please see response above		
	<b>Total annual spend</b>	£1,500	£8,085	£223,950
<b>Autism assessments - patients &lt;18 years old</b>	<b>Total number of patients</b>	Please see response above		
	<b>Total annual spend</b>	£3,707	£2,800	£202,658
2. For Apr-24-Mar-25, please split out the total number of patients / annual spend from question 1 by provider. Please include the pathway / contract type for each provider (e.g. block contract, right to choose).		BNSSG ICB does not hold data showing patient numbers for adult (18+) or Children and Young People (<18) within NHS or third party private provider of ADHD and Autism services. The		

In TABLE 2a, please include total number of patients and total annual spend with third party private providers\* that are directly commissioned by your ICB, or access care through the Right to Choose programme.

In TABLE 2b, please include total number of patients and total annual spend from NHS trusts within your ICB area. If possible, please split out patient numbers and spend that is outsourced by the trust to third party private providers\*.

requestor is advised to contact providers directly for this information.

BNSSG ICB does hold some information relating to spend with third party private providers and this is shown in table 2a below. Total annual spend will include ADHD and Autism, <18 and over 18 depending on which of these elements are part of the provider service offer. No block contracts are held with third party private providers. BNSSG ICB hold a contract with Clinical Partners to provide ADHD and Autism assessment and treatment services across children, young people and adults which is paid on the basis of activity undertaken.

BNSSG ICB does not hold the information requested in table 2b as these services are commissioned as part of a wider block contract, which extends beyond ADHD and Autism. The requestor is advised to contact providers directly for this information.

**NHS provider (Adults):**

Avon and Wiltshire Mental Health Partnership NHS Trust (AWP)  
Bath NHS House Newbridge Hill Bath BA1 3QE

[awp.freedomofinformation@nhs.net](mailto:awp.freedomofinformation@nhs.net)

<https://www.awp.nhs.uk/contact-us/freedom-information>

**NHS Provider (Children & Young People)**

Sirona Care and Health, Badminton Road Office, 2<sup>nd</sup> Floor,  
Badminton Road, Yate, BS37 5AF

<https://sirona-cic.org.uk/contact-sirona/>

**TABLE 2a**

Provider	Pathway	Apr-24-Mar-25				Total annual spend
		ADHD – 18 years old and over patient numbers	ADHD – <18 years old patient numbers	Autism – 18 years old and over patient numbers	Autism – <18 years old patient numbers	
ADHD 360 Ltd	<i>Right to Choose</i>					£1,797,855
<i>Axia ASD Ltd</i>	<i>Right to Choose</i>					£20,000
<i>The Centre for ADHD Research and Excellence (CARE ADHD)</i>	<i>Right to Choose</i>					£4,706
<i>Clinical Partners Ltd</i>	<i>Right to Choose</i>					£504,254

<i>Evolve Psychology Services Ltd</i>	<i>Right to Choose</i>					£53,440
<i>Excelsior Health Ltd</i>	<i>Right to Choose</i>					£115
<i>Harrow Health CIC</i>	<i>Right to Choose</i>					£12,000
<i>Holistic ADHD Solutions Ltd</i>	<i>Right to Choose</i>					£750
<i>Jajawi &amp; Asker Ltd</i>	<i>Right to Choose</i>					£449,322
<i>Private Pharmacy Group</i>	<i>Right to Choose</i>					£2,565
<i>Provide Wellbeing Enterprises Ltd</i>	<i>Right to Choose</i>					£10,650
<i>Psicon Ltd</i>	<i>Right to Choose</i>					£29,700
<i>Psychiatry UK Ltd</i>	<i>Right to Choose</i>					£2,676,901
<i>RTN Medical Ltd</i>	<i>Right to Choose</i>					£7,600

<i>Skylight Psychiatry Ltd</i>	<i>Right to Choose</i>					£6,250
<i>Solutions 4 Health Ltd</i>	<i>Right to Choose</i>					£995
<i>Teledoctor Ltd</i>	<i>Right to Choose</i>					£341,762

**TABLE 2b**

Provider	Pathway	Apr-24-Mar-25				Total annual spend
		ADHD – 18 years old and over patient numbers	ADHD – <18 years old patient numbers	Autism – 18 years old and over patient numbers	Autism – <18 years old patient numbers	
<i>Example: In-house delivery (NHS Trust)</i>	<i>n/a</i>	X	X	X	X	<i>n/a</i>
<i>Example: Outsourced</i>	<i>Block contract</i>	X	X	X	X	<i>£Xk</i>

<i>delivery (Provider A)</i>							

  

<p>3. For Apr-24-Mar-25, please provide your total annual spend on the following post-diagnostic services. Please find definitions for post-diagnostic services at the end of the request. Please include volumes from any NHS Trusts within your ICB that may deliver these services (or indicate if this is not possible) and also with third party private providers.</p>	<p>BNSSG ICB does not hold data showing costs of post diagnostic support for adult (18+) or Children and Young People (&lt;18) ADHD and Autism treatment undertaken by NHS providers or third party private providers and the requestor is advised to contact providers directly for this information.</p> <p>There are several reasons for this:</p> <ol style="list-style-type: none"> <li>i. Services from NHS providers are commissioned as part of a wider block contract extending beyond ADHD and Autism. The requestor is advised to contact the NHS providers directly to enquire whether they are able to supply this information.</li> <li>ii. Many third party private providers consolidate all charges onto the same invoice.</li> <li>iii. There is no separation of specific sections of the ADHD or Autism pathway when invoices from third party private providers are processed for payment in either adult or Children and Young People services.</li> <li>iv. Given the number of third party private providers and the volume of invoices that would have been issued over the period specified, it would not be possible to separate post</li> </ol>
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	diagnostic support costs from each one within the 18 hours allowed.
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## Definitions:

### 1. **Third-party private providers**

*Refers to independent, non-NHS organisations contracted to deliver ADHD and / or Autism services. These providers operate outside of NHS Trusts / ICBs / Health Boards and typically deliver services such as assessments, prescribing, post-diagnostic support, and therapy. Examples may include (but are not limited to) ADHD 360, Psychiatry UK, Clinical Partners, and Evolve Psychology. These providers may deliver services under direct contracts with the ICB, via framework agreements, or under the NHS Right to Choose pathway.*

### 2. **Prescriptions**

*Refers to the administrative cost of issuing and managing prescriptions. This includes clinical time spent generating repeat prescriptions, as well as costs related to digital or manual prescription systems.*

*Note: This does not include the cost of the medication itself (see 'Medication').*

### 3. **Medication**

*Refers to the actual cost of purchasing and supplying medicines, including stimulants and non-stimulants (e.g. methylphenidate, atomoxetine, guanfacine). This includes the drug cost, as invoiced by the provider or pharmacy.*

### 4. **Therapies**

*Refers to post-diagnostic therapeutic interventions, such as talking therapies, cognitive behavioural therapy (CBT), counselling, behavioural coaching, occupational therapy, or speech and language therapy, where these are part of the ADHD or Autism treatment pathway.*

### 5. **Psychoeducation**

*Refers to structured sessions aimed at helping patients, families and/or schools understand and manage ADHD or Autism. This may include workshops, group education programmes, or 1:1 educational support on condition management, lifestyle strategies, or behaviour planning.*

**6. Other Support Services**

*Refers to additional post-assessment services not captured under therapy or psychoeducation. This may include digital tools, care coordination, coaching, employment or educational support, or clinician-led review sessions that do not fall under prescribing or therapy categories.*

***The information provided in this response is accurate as of 14 August 2025 and has been approved for release by Helena Fuller, Deputy Director of Business, Strategy and Planning for NHS Bristol, North Somerset and South Gloucestershire ICB.***