

**Reference:** FOI.ICB-2526/235

**Subject:** Self-Monitored INR (International Normalised Ratio) Testing Equipment

*I can confirm that the ICB does hold some of the information requested; please see responses below:*

QUESTION	RESPONSE
<p>1. Does the ICB currently provide, fund, or reimburse (in whole or in part) <b>self-monitoring INR test kits</b> (meters / strips / consumables) for patients in its area?</p> <p>If yes:</p> <ul style="list-style-type: none"> <li>a. In which circumstances / criteria (e.g. patient groups, clinical criteria)</li> <li>b. How many patients are enrolled in such a scheme</li> <li>c. The annual cost to the ICB of providing these (or reimbursing them)</li> <li>d. Which device(s) are used / supported</li> </ul> <p>If no:</p> <ul style="list-style-type: none"> <li>a. Has the ICB ever considered a scheme to provide such kits (or reimbursement)?</li> <li>b. If considered, what were the outcomes or reasons for non-adoption</li> </ul>	<p>Self-monitoring INR test kits are non-formulary and so not routinely funded.</p> <p>Test strips (and lancets) may be prescribed on an individual case basis in those cases where the GP and anticoagulation clinic deem it to be clinically appropriate following a full assessment.</p> <p>Patients would purchase the INR machine/meter. Some patients may apply for funding via charity. Please see 'The use of self-test INR Machines and self-management of warfarin in BNSSG – Position Statement': <a href="#">BNSSG position statement</a></p> <ul style="list-style-type: none"> <li>a. No</li> <li>b. N/a</li> </ul>

<p>2. Does the ICB have a plan or policy to introduce or expand access to self-monitoring INR test kits within the next 2–3 years?</p> <p>If yes, please provide relevant policy documents, projected costs, and timelines.</p>	<p>No</p>
<p>3. Has the ICB commissioned or participated in any pilot or research relating to self-monitoring of INR in its area?</p> <p>If yes, please provide the names, dates, and brief descriptions of such pilots / studies.</p>	<p>No</p>
<p>4. Please provide the ICB's current policy on anticoagulation monitoring (e.g. warfarin monitoring) and how the choice between clinic-based and self-monitoring is decided.</p>	<p>Most patients will be via clinic-based monitoring, with self-monitoring being via exception following individual assessment via GP/anticoagulation clinic.</p> <p>Please see 'The use of self-test INR Machines and self-management of warfarin in BNSSG – Position Statement': <a href="#">BNSSG position statement</a></p>

***The information provided in this response is accurate as of 23 October 2025 and has been approved for release by Dr Joanne Medhurst, Chief Medical Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.***