


Reference: FOI.ICB-2526/034

Subject: Commissioning and Provision of Falls Management Exercise (FaME) Programmes

I can confirm that the ICB does not hold the information requested; please see responses below:

QUESTION	RESPONSE
<p>I am writing under the Freedom of Information Act 2000 to request information about the commissioning and provision of Falls Management Exercise (FaME) programmes.</p> <p>FaME is a group based structured falls prevention programme delivered by Postural Stability Instructors (PSIs) trained by Later Life Training. It may be delivered under different local names.</p> <p>We are collecting this information to map FaME provision across the UK, as part of a national analysis of falls prevention service provision to inform future policy and commissioning recommendations.</p> <p>Please answer the following questions in relation to your organisation's commissioning and/or provision of FaME during the financial year 1 April 2024 to 31 March 2025:</p>	
<p>1. Commissioning</p> <p>Did your organisation commission any FaME programmes delivered by PSIs during this period?</p> <p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>	<p>No</p>

<input type="checkbox"/> No, but we have done so in the past	
<p>2. Provision</p> <p>Did your organisation provide any FaME programmes delivered by PSIs during this period?</p> <p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p> <p><input type="checkbox"/> No, but we have done so in the past</p>	No
<p>3. Participation</p> <p>Approximately how many individuals took part in the FaME classes that you commissioned or provided during this period?</p> <p>[Enter number or nearest estimate]</p>	N/A
<p>4. Programme Duration</p> <p>What is the typical length of the programme funded per participant? (e.g., 6 weeks, 12 weeks, 24 weeks)</p> <p>[Enter duration]</p>	N/A
<p>5. Toolkit Usage</p> <p>Have you used the FaME Implementation Toolkit to support its commissioning or provision?</p>	N/A

 <p> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure </p>	
<p>6. Follow-Up</p> <p>Would your organisation be willing to be contacted for further information about your programme(s)?</p> <p> <input type="checkbox"/> Yes – please contact [Insert preferred contact if willing] <input type="checkbox"/> No <input type="checkbox"/> Alternatively, you are welcome to reach out to us at: XXXX </p>	N/A

The information provided in this response is accurate as of 13 May 2025 and has been approved for release by Sarah Truelove, Deputy Chief Executive and Chief Finance Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.