



Reference: FOI.ICB-2526/240

Subject: Adult Weight Management Services and Obesity Treatment Pathway

I can confirm that the ICB does hold the information requested; please see responses below:

QUESTION	RESPONSE						
Obesity treatment pathway							
Does your ICS have a current obesity treatment pathway or equivalent policy? If yes, please share the latest version.	Healthier Together	Tier 3 and Tier 4 Service - BNSSG					
	Source: NHS e-Referrals servi	ce					
	Financial year: 2024/25 Small number suppression: Values between 1 and 7 are replaced with an asterisk (*). All other counts are rounded to the nearest 5.						
Inequalities and access For the most recent full financial year, please provide data on referrals to NHS-commissioned adult weight	SexReferralsFemale230Male50						
management services (all tiers), broken down by: a) Index of Multiple Deprivation (IMD) quintile	IMD Referrals Quintile						
b) Ethnicity	1 70						
c) Age	2 40						
d) Sex	3 30						
	4 60						
	5 60						
	Ethnicity	Referrals					





Asian or Asian British: Bangladeshi	*	
Asian or Asian British: Indian	*	
Asian or Asian British: Pakistani	*	
Black or Black British: African	*	
Black or Black British: Any other Black	*	
background		
Black or Black British: Caribbean	*	
Mixed: White and Black Caribbean	*	
Not recorded		20
Other Ethnic Groups: Any other ethnic	*	
group		
White: Any other White background		10
White: British		230
White: Irish	*	

Age	Referrals
Age20s	30
Age30s	60
Age40s	60
Age50s	90
Age60s	30
Age70s	10

Please note: North Bristol NHS Trust (NBT) is closed to new referrals this financial year.

Oviva data is provided in the enclosed spreadsheet.

The information provided in this response is accurate as of 3 November 2025 and has been approved for release by David Jarrett, Chief Delivery Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.

	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25
Demographic Referrals												
Gender												
Male	37	10	8	7	29	25	34	28	59	42	70	37
Female	228	68	40	14	113	118	166	130	194	157	187	160
Not Known	0	0	0	0	0	0	0	0	0	1	60	49
Age												
<18	0	0	0	0	0	2	0	2	0	0	1	0
18-25	12	3	5	2	12	4	12	6	8	5	10	10
26-35	38	13	5	3	24	27	40	21	35	39	52	35
36-45	67	20	18	8	28	42	50	40	71	49	53	45
46-55	82	20	7	4	35	32	33	40	57	51	59	44
56-65	48	15	11	3	35	31	47	37	63	40	57	39
66+	18	7	2	1	8	5	18	12	19	15	25	24
Unknown	0	0	0	0	0	0	0	0	0	1	60	49
- 0												
Ethnicity						40	0-			0.5		•
White	209	62	1	3	9	12	25	22	33	25	6	2
Black	7	3	0	2	2	1	8	6	1	4	0	2
Asian	2	0	0	0	0	2	3	0	2	0	1	0
Mixed	5	3	0	0	1	1	2	0	1	3	0	0
Other	2	0	0	0	0	0	0	0	0	0	0	0
Prefer not to say	7	1	0	0	0	0	0	0	0	0	0	0
Unknown	33	9	47	16	130	127	162	130	216	168	310	242
IMD Decile												
1	34	8	7	3	15	16	27	18	18	23	13	6
2	25	12	4	2	13	22	16	24	32	25	11	2
3	17	4	1	3	9	14	22	17	26	9	10	3
4	21	10	5	1	18	10	7	16	27	22	5	4
5	30	8	0	1	15	7	24	12	20	21	6	4
6	24	6	6	1	4	12	13	10	16	14	5	2
7	25	12	4	0	10	12	21	15	29	24	10	3
8	22	3	5	0	17	11	16	11	22	13	9	3
9	26	3	5	5	7	13	14	9	21	16	4	3
10	33	9	6	5	22	16	22	20	33	24	15	3
Unknown	8	3	5	0	12	10	18	6	9	9	229	213

Demographic Enrolled Referrals

Gender

Net Known No	Male	27	8	5	7	25	17	22	18	30	14	34	18
No. No.	Female	188	52	28	13	85	77	106	85	120	97	128	87
18-25 12 2 4 2 11 2 8 3 7 4 7 5 5 5 5 5 5 5 5 5	Not Known	0	0	0	0	0	0	0	0	0	0	0	0
18-25 12 2 4 2 11 2 8 3 7 4 7 5 5 5 5 5 5 5 5 5													
28-36 33 9 2 3 18 17 22 15 26 22 35 19 36-45 47 19 13 7 20 26 43 32 42 27 43 25 46-55 70 15 3 4 29 23 23 23 23 33 32 24 27 43 25 46-56 37 11 10 3 26 22 23 23 23 33 19 34 17 66+	Age												
38-45	18-25	12	2	4	2	11	2	8	3	7	4	7	5
46-55 70 15 3 4 29 23 23 23 33 32 34 27 56-65 37 11 10 3 26 22 23 23 33 33 19 34 17 66+	26-35	33	9	2	3	18	17	22	15	26	22	35	19
56-65 37 11 10 3 26 22 23 23 23 33 19 34 17 66+ Ethnicity White	36-45	47	19	13	7	20	26	43	32	42	27	43	25
Figure	46-55	70	15	3	4	29	23	23	23	33	32	34	27
Ethnicity White	56-65	37	11	10	3	26	22	23	23	33	19	34	17
White 189 54 1 3 7 7 16 14 20 15 2 1 Black 6 3 0 2 1 0 6 4 0 3 0 2 Asian 1 0 0 0 0 0 2 0 1 0 1 0 Mixed 5 2 0 0 0 1 0 0 1 0 <th>66+</th> <td>16</td> <td>4</td> <td>1</td> <td>1</td> <td>6</td> <td>4</td> <td>9</td> <td>7</td> <td>9</td> <td>7</td> <td>9</td> <td>12</td>	66+	16	4	1	1	6	4	9	7	9	7	9	12
White 189 54 1 3 7 7 16 14 20 15 2 1 Black 6 3 0 2 1 0 6 4 0 3 0 2 Asian 1 0 0 0 0 0 2 0 1 0 1 0 Mixed 5 2 0 0 0 1 0 0 1 0 <th></th> <td></td>													
Black Asian													
Asian 1 0 0 0 0 0 0 0 0 0 0 1 0 0 1 0 0 0 0		189	54	1	3	7	7	16	14	20	15	2	1
Mixed 0	Black	6	3	0	2	1	0	6	4	0	3	0	2
Other Prefer not to say 1 0	Asian	1	0	0	0	0	0	2	0	1	0	1	0
Prefer not to say Unknown 6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Mixed	5	2	0	0	0	1	0	0	1	2	0	0
Model	Other	1	0	0	0	0	0	0	0	0	0	0	0
IMD Decile 1 27 6 5 3 13 13 9 20 14 12 10 8 3 2 13 16 12 20 18 18 5 0 14 12 10 10 18 18 5 0 18 18 18 5 0 19 10 11 11 12 11 1 1 1 1 1 1 1 1 1 1 1 1	Prefer not to say	6	0	0	0	0	0	0	0	0	0	0	0
1 27 6 5 3 13 9 20 14 12 10 8 3 2 16 6 3 2 13 16 12 20 18 18 5 0 3 10 2 0 3 5 10 11 12 11 3 4 2 4 16 8 4 1 18 6 5 7 16 12 4 1 5 23 8 0 1 11 6 16 6 13 8 2 3 6 23 5 4 0 3 10 10 8 8 7 1 1 7 12 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 10 6 15 <th>Unknown</th> <td>7</td> <td>1</td> <td>32</td> <td>15</td> <td>102</td> <td>86</td> <td>104</td> <td>85</td> <td>128</td> <td>91</td> <td>159</td> <td>102</td>	Unknown	7	1	32	15	102	86	104	85	128	91	159	102
1 27 6 5 3 13 9 20 14 12 10 8 3 2 16 6 3 2 13 16 12 20 18 18 5 0 3 10 2 0 3 5 10 11 12 11 3 4 2 4 16 8 4 1 18 6 5 7 16 12 4 1 5 23 8 0 1 11 6 16 6 13 8 2 3 6 23 5 4 0 3 10 10 8 8 7 1 1 7 1 25 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 10 6													
2 16 6 3 2 13 16 12 20 18 18 5 0 3 10 2 0 3 5 10 11 12 11 3 4 2 4 16 8 4 1 18 6 5 7 16 12 4 1 5 23 8 0 1 11 6 16 6 13 8 2 3 6 23 5 4 0 3 10 10 8 8 7 1 1 1 7 14 8 17 16 4 3 3 1 1 1 8 17 16 4 3 3 1 <th>IMD Decile</th> <td></td>	IMD Decile												
3 10 2 0 3 5 10 11 12 11 3 4 2 4 16 8 4 1 18 6 5 7 16 12 4 1 5 23 8 0 1 11 6 16 6 13 8 2 3 6 23 5 4 0 3 10 10 8 8 7 1 1 1 7 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 10 6 15 10 2 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	1	27	6	5	3	13	9	20	14	12	10	8	3
4 16 8 4 1 18 6 5 7 16 12 4 1 5 23 8 0 1 11 6 16 6 13 8 2 3 6 23 5 4 0 3 10 10 8 8 7 1 1 1 7 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 21 2 2 5 5 9 10 6 15 10 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	2	16	6	3	2	13	16	12	20	18	18	5	0
5 23 8 0 1 11 6 16 6 13 8 2 3 6 23 5 4 0 3 10 10 8 8 7 1 1 7 25 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 21 2 2 5 5 9 10 6 15 10 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	3	10	2	0	3	5	10	11	12	11	3	4	2
6 23 5 4 0 3 10 10 8 8 7 1 1 7 25 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 21 2 2 5 5 9 10 6 15 10 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	4	16	8	4	1	18	6	5	7	16	12	4	1
7 25 11 2 0 6 7 14 8 17 16 4 3 8 20 2 4 0 13 8 9 8 14 7 3 1 9 21 2 2 5 5 9 10 6 15 10 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	5	23	8	0	1	11	6	16	6	13	8	2	3
8 20 2 4 0 13 8 9 8 14 7 3 1 9 21 2 2 5 5 9 10 6 15 10 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	6	23	5	4	0	3	10	10	8	8	7	1	1
9 21 2 2 5 5 9 10 6 15 10 2 2 10 29 9 5 5 13 6 12 13 23 15 12 1	7	25	11	2	0	6	7	14	8	17	16	4	3
10 29 9 5 5 13 6 12 13 23 15 12 1	8	20	2	4	0	13	8	9	8	14	7	3	1
	9	21	2	2	5	5	9	10	6	15	10	2	2
Unknown 5 1 4 0 10 7 9 1 3 5 117 88	10	29	9	5	5	13	6	12	13	23	15	12	1
	Unknown	5	1	4	0	10	7	9	1	3	5	117	88