

**Reference:** FOI.ICB-2526/240

**Subject:** Adult Weight Management Services and Obesity Treatment Pathway

*I can confirm that the ICB does hold the information requested; please see responses below:*

QUESTION	RESPONSE																				
<p><b>1. Obesity treatment pathway</b></p> <p>Does your ICS have a current obesity treatment pathway or equivalent policy? If yes, please share the latest version.</p>	<p><a href="#">Weight Management Service - Tier 3 and Tier 4 Service - BNSSG Healthier Together</a></p>																				
<p><b>2. Inequalities and access</b></p> <p>For the most recent full financial year, please provide data on referrals to NHS-commissioned adult weight management services (all tiers), broken down by:</p> <p>a) Index of Multiple Deprivation (IMD) quintile b) Ethnicity c) Age d) Sex</p>	<p>Source: NHS e-Referrals service Financial year: 2024/25 Small number suppression: Values between 1 and 7 are replaced with an asterisk (*). All other counts are rounded to the nearest 5.</p> <table border="1"> <thead> <tr> <th>Sex</th><th>Referrals</th></tr> </thead> <tbody> <tr> <td>Female</td><td>230</td></tr> <tr> <td>Male</td><td>50</td></tr> </tbody> </table> <table border="1"> <thead> <tr> <th>IMD Quintile</th><th>Referrals</th></tr> </thead> <tbody> <tr> <td>1</td><td>70</td></tr> <tr> <td>2</td><td>40</td></tr> <tr> <td>3</td><td>30</td></tr> <tr> <td>4</td><td>60</td></tr> <tr> <td>5</td><td>60</td></tr> </tbody> </table> <table border="1"> <thead> <tr> <th>Ethnicity</th><th>Referrals</th></tr> </thead> <tbody> </tbody> </table>	Sex	Referrals	Female	230	Male	50	IMD Quintile	Referrals	1	70	2	40	3	30	4	60	5	60	Ethnicity	Referrals
Sex	Referrals																				
Female	230																				
Male	50																				
IMD Quintile	Referrals																				
1	70																				
2	40																				
3	30																				
4	60																				
5	60																				
Ethnicity	Referrals																				

Asian or Asian British: Bangladeshi	*
Asian or Asian British: Indian	*
Asian or Asian British: Pakistani	*
Black or Black British: African	*
Black or Black British: Any other Black background	*
Black or Black British: Caribbean	*
Mixed: White and Black Caribbean	*
Not recorded	20
Other Ethnic Groups: Any other ethnic group	*
White: Any other White background	10
White: British	230
White: Irish	*

Age	Referrals
Age20s	30
Age30s	60
Age40s	60
Age50s	90
Age60s	30
Age70s	10

Please note: North Bristol NHS Trust (NBT) is closed to new referrals this financial year.

Oviva data is provided in the enclosed spreadsheet.

***The information provided in this response is accurate as of 3 November 2025 and has been approved for release by David Jarrett, Chief Delivery Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.***

	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25
<b>Demographic Referrals</b>												
<b>Gender</b>												
Male	37	10	8	7	29	25	34	28	59	42	70	37
Female	228	68	40	14	113	118	166	130	194	157	187	160
Not Known	0	0	0	0	0	0	0	0	0	1	60	49
<b>Age</b>												
<18	0	0	0	0	0	2	0	2	0	0	1	0
18-25	12	3	5	2	12	4	12	6	8	5	10	10
26-35	38	13	5	3	24	27	40	21	35	39	52	35
36-45	67	20	18	8	28	42	50	40	71	49	53	45
46-55	82	20	7	4	35	32	33	40	57	51	59	44
56-65	48	15	11	3	35	31	47	37	63	40	57	39
66+	18	7	2	1	8	5	18	12	19	15	25	24
Unknown	0	0	0	0	0	0	0	0	0	1	60	49
<b>Ethnicity</b>												
White	209	62	1	3	9	12	25	22	33	25	6	2
Black	7	3	0	2	2	1	8	6	1	4	0	2
Asian	2	0	0	0	0	2	3	0	2	0	1	0
Mixed	5	3	0	0	1	1	2	0	1	3	0	0
Other	2	0	0	0	0	0	0	0	0	0	0	0
Prefer not to say	7	1	0	0	0	0	0	0	0	0	0	0
Unknown	33	9	47	16	130	127	162	130	216	168	310	242
<b>IMD Decile</b>												
1	34	8	7	3	15	16	27	18	18	23	13	6
2	25	12	4	2	13	22	16	24	32	25	11	2
3	17	4	1	3	9	14	22	17	26	9	10	3
4	21	10	5	1	18	10	7	16	27	22	5	4
5	30	8	0	1	15	7	24	12	20	21	6	4
6	24	6	6	1	4	12	13	10	16	14	5	2
7	25	12	4	0	10	12	21	15	29	24	10	3
8	22	3	5	0	17	11	16	11	22	13	9	3
9	26	3	5	5	7	13	14	9	21	16	4	3
10	33	9	6	5	22	16	22	20	33	24	15	3
Unknown	8	3	5	0	12	10	18	6	9	9	229	213

#### Demographic Enrolled Referrals

##### Gender

Male	27	8	5	7	25	17	22	18	30	14	34	18
Female	188	52	28	13	85	77	106	85	120	97	128	87
Not Known	0	0	0	0	0	0	0	0	0	0	0	0

#### Age

18-25	12	2	4	2	11	2	8	3	7	4	7	5
26-35	33	9	2	3	18	17	22	15	26	22	35	19
36-45	47	19	13	7	20	26	43	32	42	27	43	25
46-55	70	15	3	4	29	23	23	23	33	32	34	27
56-65	37	11	10	3	26	22	23	23	33	19	34	17
66+	16	4	1	1	6	4	9	7	9	7	9	12

#### Ethnicity

White	189	54	1	3	7	7	16	14	20	15	2	1
Black	6	3	0	2	1	0	6	4	0	3	0	2
Asian	1	0	0	0	0	0	2	0	1	0	1	0
Mixed	5	2	0	0	0	1	0	0	1	2	0	0
Other	1	0	0	0	0	0	0	0	0	0	0	0
Prefer not to say	6	0	0	0	0	0	0	0	0	0	0	0
Unknown	7	1	32	15	102	86	104	85	128	91	159	102

#### IMD Decile

1	27	6	5	3	13	9	20	14	12	10	8	3
2	16	6	3	2	13	16	12	20	18	18	5	0
3	10	2	0	3	5	10	11	12	11	3	4	2
4	16	8	4	1	18	6	5	7	16	12	4	1
5	23	8	0	1	11	6	16	6	13	8	2	3
6	23	5	4	0	3	10	10	8	8	7	1	1
7	25	11	2	0	6	7	14	8	17	16	4	3
8	20	2	4	0	13	8	9	8	14	7	3	1
9	21	2	2	5	5	9	10	6	15	10	2	2
10	29	9	5	5	13	6	12	13	23	15	12	1
Unknown	5	1	4	0	10	7	9	1	3	5	117	88