

**Reference:** FOI.ICB-2526/296

**Subject:** ADHD and Emotional Dysregulation

*I can confirm that the ICB does not hold the information requested; please see responses below:*

QUESTION	RESPONSE
<p>Could you please supply me with the following information concerning the number of people with ADHD and emotional dysregulation in your area as of 2025. If 2025 data is not able to be supplied for any of the questions, please supply it for the year 2024.</p> <p>I would like the above information to be provided to me electronically, preferably in an Excel or Word document. If there are other relevant statistics or links that have not been specified above, please also supply those.</p>	
<p>1. The Number of people with ADHD in your area who also have documented emotional dysregulation, mood disorders, anxiety or self-harm / mood-instability issues.</p>	<p>BNSSG ICB does not hold this information. Please contact the below locally commissioned providers:</p> <p><b>Children and Young People ADHD:</b> Sirona care and health CiC <a href="#">Contact Sirona - Sirona care &amp; health</a></p> <p><b>Adult ADHD:</b> Avon and Wiltshire Mental Health Partnership NHS Trust <a href="#">Contact us :: Avon and Wiltshire Mental Health Partnership NHS Trust</a></p>
<p>2. Of those with ADHD in your area, how many have comorbid mental health conditions (e.g., anxiety, depression, low self-esteem, mood disorders)? If possible, please provide the number for each comorbid condition separately.</p>	
<p>3. How many people with ADHD or suspected ADHD (on the waitlist) in your area are also prescribed anti-anxiety medication</p>	

4. How many people with ADHD in your area are currently in therapy, or waiting for therapy, due to emotional regulation difficulties?	
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***The information provided in this response is accurate as of 16 December 2025 and has been approved for release by David Jarrett, Chief Delivery Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.***