

**Reference:** FOI.ICB-2526/379

**Subject:** Adult ADHD diagnostic assessments via Right to Choose (RTC)

*I can confirm that the ICB does hold some of the information requested; please see responses below:*

QUESTION	RESPONSE
<p>If exact data are not held, please provide the nearest available figures or best available estimates and specify whether they are estimates.</p> <p>Where figures are not held in the requested format, please provide them in the closest format available.</p> <p><b>Definitions (to support consistent reporting):</b></p> <ul style="list-style-type: none"> <li>• “Adult” means patients aged 18 years or over.</li> <li>• “Right to Choose (RTC)” refers to NHS patient choice arrangements under the NHS Constitution where an eligible patient is referred for an NHS-funded assessment with an alternative provider.</li> <li>• “ADHD diagnostic assessments via RTC” refers to NHS-funded ADHD diagnostic assessments commissioned by your ICB and delivered by external providers under RTC arrangements.</li> </ul>	
<p>1. Commissioned activity volumes</p> <p>For adults requiring an ADHD diagnostic assessment, how many assessments are currently commissioned by your ICB to be delivered via Right to Choose:</p> <ul style="list-style-type: none"> <li>a) On an ongoing basis (e.g. a contracted number per month and/or per financial year)?</li> <li>b) As part of any time-limited plan (e.g. an agreed number to be completed by a specified date)?</li> </ul>	<p>BNSSG ICB does not commission a set number of ADHD assessments within Indicative Activity Plans.</p>

<p>2. Actual activity delivered</p> <p>How many adult ADHD diagnostic assessments via RTC were actually completed for your ICB population in:</p> <ul style="list-style-type: none"> <li>a) Financial year 2024/25 (or the most recent completed financial year available)</li> <li>b) Calendar year 2025 (if held)</li> </ul>	<p>Please refer to previous FOI response on our website: <a href="#">FOI.ICB-2526/123: ADHD and Autism Assessments and Post-diagnostic Services</a></p>
<p>3. Annual spend</p> <p>What was the total spend by your ICB on adult ADHD diagnostic assessments delivered via RTC in:</p> <ul style="list-style-type: none"> <li>a) Financial year 2024/25 (or the most recent completed financial year available)</li> </ul> <p>Please state whether this includes assessment-only, follow-up appointments, and/or any additional costs (e.g. admin fees).</p>	<p>Please refer to previous FOI response on our website: <a href="#">FOI.ICB-2526/123: ADHD and Autism Assessments and Post-diagnostic Services</a></p> <p>This spend covers all aspects of the ADHD pathway including diagnostic assessment, follow up appointments (eg titration appointments), medication, prescribing costs and annual review.</p>
<p>4. RTC provider landscape</p> <ul style="list-style-type: none"> <li>a) How many external providers (organisations/companies) delivered NHS-funded adult ADHD diagnostic assessments via RTC for your ICB in the most recent completed financial year?</li> <li>b) Please provide the name of each provider (if held).</li> </ul>	<ul style="list-style-type: none"> <li>a) Please refer to previous FOI response on our website: <a href="#">FOI.ICB-2526/123: ADHD and Autism Assessments and Post-diagnostic Services</a></li> <li>b) Providers we are aware of who are eligible to deliver ADHD assessment and treatment under Right to Choose can be found at the following link: <a href="https://remedy.bnssg.icb.nhs.uk/adults/mental-health/right-to-choose-adhdasd-patient-choice/">https://remedy.bnssg.icb.nhs.uk/adults/mental-health/right-to-choose-adhdasd-patient-choice/</a> - this was last updated at the end of January 2026.</li> </ul>
<p>5. Regulation / CQC registration</p> <p>For each provider delivering adult ADHD diagnostic assessments via RTC, please confirm whether they are</p>	<p>This information is in the public domain and is available on the CQC website <a href="#">Care Quality Commission</a></p>

<p>CQC registered for the regulated activity(ies) relevant to the service they deliver (or confirm how many are CQC registered if provider-level details cannot be disclosed).</p>	
<p>6. Assessor competence / quality assurance information requested by the ICB</p> <p>What information does your ICB require or receive from RTC providers regarding assessor competence, including (where available):</p> <ol style="list-style-type: none"> <li>Professional qualifications / registration status of assessors</li> <li>ADHD-specific diagnostic training (e.g. UKAAN or equivalent)</li> <li>Relevant experience in ADHD diagnostic assessments (e.g. years or volume of assessments)</li> <li>Clinical supervision arrangements</li> <li>Governance / quality assurance processes (e.g. audit, clinical oversight, peer review)</li> </ol> <p>A brief description of what is required/received is sufficient.</p>	<p>This sits within the NHS Standard Contract which mandates what providers and commissioners must do as part of the contract. All providers operating under Right to Choose in England are required to hold at least one NHS Standard Contract with an ICB in England or NHS England. The contract comprises of 3 sections:</p> <ul style="list-style-type: none"> <li>Particulars</li> <li>Service Conditions</li> <li>General Conditions</li> </ul> <p>The elements of the Contract for local agreement fall within the Particulars. The Service Conditions may be varied only by selection of applicability criteria, determining which clauses do and do not apply to the particular contract. The content of any applicable Service Condition may not be varied. The General Conditions must not be varied at all (source section 10 <a href="#">08-nhssc-technical-guidance-september-update.pdf</a>)</p> <p>Staffing matters such as qualifications, training and experience are covered by General Condition 5 in both the full length and short form versions of the NHS Standard contract: <a href="#">04-full-length-general-conditions-2526-med-opt-mc.pdf</a> <a href="#">NHS Standard Contract 2025/26 General Conditions (Shorter Form)</a></p>

	<p>Quality Requirements are covered by Service Condition 37 and Annexe A in both the full length and short form versions of the NHS Standard contract:  <a href="#">03-full-length-service-conditions-2526-cancer-amend-med-opt-mc.pdf</a>  <a href="#">NHS Standard Contract 2025/26 Service Conditions (Shorter Form)</a></p> <p>Commissioners may also add their own local quality requirements and these may vary depending on the ICB that has commissioned the service. In BNSSG, our local quality schedule includes reporting of Serious Incidents, Complaints, staff wellbeing measures, staff training and Duty of Candour amongst other measures.</p> <p>We would always request that any provider delivering services under right to choose in BNSSG shares a copy of their commissioner contract with our Mental Health Contracts team if they are not directly commissioned by BNSSG. We are unable to validate any payment for activity unless this is supplied. There are contractual measures that can be taken if there is non compliance in any area and these can be applied not only by the ICB who hold the contract but also any ICB where the provider is delivering services.</p>
<p>7. Outcome and reporting expectations (if held)</p> <p>Do RTC providers report any of the following to your ICB? If yes, please state which metrics are collected:</p> <p>a) Diagnostic outcome rates (ADHD diagnosed vs not diagnosed)</p>	<p>Any providers holding a contract for ADHD and Autism assessment and treatment with BNSSG ICB are required to report on measures A-C under their local reporting schedule. Data on patient experience is collected as part of our local Quality requirements.</p>

<ul style="list-style-type: none"> <li>b) Waiting times (referral to assessment, assessment to outcome)</li> <li>c) DNA/cancellation rates</li> <li>d) Patient experience measures</li> </ul>	<p>We have also begun to collect data relating to measures A–C from providers operating as right to choose who we do not hold contracts with.</p>
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***The information provided in this response is accurate as of 19 February 2026 and has been approved for release by David Jarrett, Chief Delivery Officer for NHS Bristol, North Somerset and South Gloucestershire ICB.***