

**Reference:** FOI.ICB-2526/437

**Subject:** ADHD Assessment and Titration Waiting Time Data (Psychiatry UK)

*I can confirm that the ICB does hold some of the information requested; please see responses below:*

QUESTION	RESPONSE																																
<p>I am writing to request anonymised data under the Freedom of Information Act regarding ADHD assessment and medication titration waiting times. I am seeking to explore whether there is any correlation between patient ethnicity and waiting time for titration.</p> <p>My specific request is for anonymised data for all patients who completed an ADHD assessment with Psychiatry UK between January 2023 and March 2026, including:</p> <ul style="list-style-type: none"> <li>• Ethnicity (standard NHS ethnicity categories: White, Black, Asian, Mixed, Other, Not Stated)</li> <li>• Month and year of the ADHD assessment</li> <li>• Month and year the patient was added to the titration waitlist</li> <li>• Month and year titration commenced</li> </ul> <p>This request is made due to concerns regarding titration delays (10 months or more as documented) and the potential for unequal access or outcomes. Cited examples include the Born in Bradford study, NHS England analyses of ADHD prescribing</p>	<p>The ICB holds limited data for Psychiatry UK and does not hold a direct contract with the organisation.</p> <p>The number of people from Bristol, North Somerset and South Gloucestershire, who attended an assessment for ADHD with Psychiatry UK split by ethnicity is set out below:</p> <table border="1" data-bbox="1081 863 1917 1439"> <thead> <tr> <th data-bbox="1081 863 1473 1054">ADHD Assessments</th> <th data-bbox="1473 863 1608 1054">2025 Nov</th> <th data-bbox="1608 863 1742 1054">2025 Dec</th> <th data-bbox="1742 863 1917 1054">2026 Jan</th> </tr> <tr> <th data-bbox="1081 1054 1473 1054">Ethnicity</th> <td colspan="3"></td> </tr> </thead> <tbody> <tr> <td data-bbox="1081 1054 1473 1102">Asian or Asian British</td> <td data-bbox="1473 1054 1608 1102">*</td> <td data-bbox="1608 1054 1742 1102">*</td> <td data-bbox="1742 1054 1917 1102">*</td> </tr> <tr> <td data-bbox="1081 1102 1473 1150">Black or Black British</td> <td data-bbox="1473 1102 1608 1150">*</td> <td data-bbox="1608 1102 1742 1150">*</td> <td data-bbox="1742 1102 1917 1150">*</td> </tr> <tr> <td data-bbox="1081 1150 1473 1198">Mixed</td> <td data-bbox="1473 1150 1608 1198">*</td> <td data-bbox="1608 1150 1742 1198">*</td> <td data-bbox="1742 1150 1917 1198">*</td> </tr> <tr> <td data-bbox="1081 1198 1473 1246">Other Ethnic Groups</td> <td data-bbox="1473 1198 1608 1246">*</td> <td data-bbox="1608 1198 1742 1246">*</td> <td data-bbox="1742 1198 1917 1246">*</td> </tr> <tr> <td data-bbox="1081 1246 1473 1294">Unknown</td> <td data-bbox="1473 1246 1608 1294">*</td> <td data-bbox="1608 1246 1742 1294">*</td> <td data-bbox="1742 1246 1917 1294">*</td> </tr> <tr> <td data-bbox="1081 1294 1473 1439">White</td> <td data-bbox="1473 1294 1608 1439">55</td> <td data-bbox="1608 1294 1742 1439">100</td> <td data-bbox="1742 1294 1917 1439">26</td> </tr> </tbody> </table>	ADHD Assessments	2025 Nov	2025 Dec	2026 Jan	Ethnicity				Asian or Asian British	*	*	*	Black or Black British	*	*	*	Mixed	*	*	*	Other Ethnic Groups	*	*	*	Unknown	*	*	*	White	55	100	26
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patterns, and reports from the Children’s Commissioner regarding ethnic disparities in mental health service access.

A satisfactory outcome would be the provision of the anonymised dataset in machine-readable format (CSV or Excel).

Please note that \* indicates numbers of patients less than 10. In these cases, actual patient numbers have not been included as this could potentially make patients identifiable. FOI responses are publicly available and therefore low numbers have been suppressed. The ICB has applied the Section 40 (Personal data) exemption to any data which may identify patients. The data requested constitutes health related records and therefore the ICB is unable to provide this data.

As per the contract, held by the lead commissioner, the ICB does not request or hold data relating to the outcomes of assessments, titration waiting lists or any additional data for patients who have received titration. Psychiatry UK may hold this information but not on behalf of BNSSG ICB.

***The information provided in this response is accurate as of 26 March 2026 and has been approved for release by Helena Fuller, Deputy Director of Business, Strategy and Planning for NHS Bristol, North Somerset and South Gloucestershire ICB.***