

Reference: FOI.ICB-2526/444

Subject: Specialist Weight Management Services

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE
1. Please provide a copy of the current patient eligibility criteria for referral to your specialist weight management service.	Please refer to the Weight Management Service Policy which can be found on our website: Weight Management Service - Tier 3 and Tier 4 Service - BNSSG Healthier Together
2. If your specialist weight management service operates both a medicated pathway (including GLP-1 receptor agonist prescribing) and a non-medicated pathway, please provide the patient eligibility criteria for each pathway separately.	As above, and in line with applicable NICE guidance for the medication.
3. Please provide the name, job title, and contact email address of the individual responsible for managing Non-Contract Activity (NCA) queries relating to specialist weight management services. If this responsibility sits within a general NCA or contracting team, please provide the contact details for that team.	Enquiries should be sent to the Acute Contracting Team mailbox and will be directed to the appropriate member of the team: bnssg.acutecontracting@nhs.net
4. How many patients received specialist weight management services under the Right to Choose (patient choice) framework in the 2025/26 financial year, broken down by month?	In Bristol, North Somerset and South Gloucestershire (BNSSG) there is one provider receiving referrals, please refer to enclosed spreadsheet for referral rates broken down per month.

5. Please provide a copy of any policy, procedure, or guidance document that sets out how Indicative Activity Plans (IAPs) and Activity Management Plans (AMPs) are established for specialist weight management services delivered under the patient choice framework. If no formal policy document exists, please provide a written explanation of how IAPs and AMPs are agreed with providers for these services, including any timelines or approval stages involved.

IAPs are set with providers of elective services and follow the principles set out in NHS Standard Contract Technical Guidance.

BNSSG ICB take a systemic approach to IAP setting to ensure that the financial resources available maintain as far as possible performance across the sector whilst ensuring key requirements placed upon the ICB, outlined in NHSE Operational Planning guidance, are prioritised to be delivered.

BNSSG issue a draft IAP to providers for consideration for mutual agreement, if mutual agreement is not possible then the IAP is enforced as per NHS Standard Service Conditions. IAPs are monitored monthly and any deviation is discussed with providers, and if required, contractual action is undertaken which may result in issuing an Activity Management Plan.

The information provided in this response is accurate as of 31 March 2026 and has been approved for release by Helena Fuller, Deputy Director of Business, Strategy and Planning for NHS Bristol, North Somerset and South Gloucestershire ICB.

	Apr 2025	May 2025	Jun 2025	Jul 2025	Aug 2025	Sep 2025	Oct 2025	Nov 2025	Dec 2025	Jan 2026	Feb 2026
Referral + Enrolment											
Number of Referrals Received	349	252	275	414	309	319	314	256	201	168	138
Number of Referrals Accepted	219	166	170	263	147	151	175	147	161	151	130