

Reference: FOI.ICB-2526/424

Subject: Diabetes Programmes

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE
Regarding your ICB, please provide the following information for 2023, 2024 and 2025.	
<p>1. National Diabetes Prevention Programme:</p> <ul style="list-style-type: none"> a. The total number of individuals referred into the national diabetes prevention programme per year b. No of individuals starting the national diabetes prevention programme c. No of individuals completing the national diabetes prevention programme d. The % split between in person versus digital pathway of support e. The average weight loss achieved by participants who completed the programme f. Financial spend on the national diabetes prevention programme 	<p>The ICB does not commission this programme. It is commissioned by NHS England, and they will hold the data for the programme. We advise contacting NHSE for the information: https://www.england.nhs.uk/contact-us/foi/</p> <p>The National Diabetes Prevention data is published publicly: National Diabetes Audit: Non-Diabetic Hyperglycaemia, Diabetes Prevention Programme - NHS England Digital</p>

2. Type 2 Diabetes Remission Programme:

- a. The total number of individuals referred into the type 2 diabetes remission programme per year
- b. No of individuals starting the type 2 diabetes remission programme
- c. No of individuals completing the type 2 diabetes remission programme
- d. The % split between in person versus digital pathway of support
- e. The average weight loss achieved by participants who completed the programme
- f. Financial spend on the type 2 diabetes remission programme

The ICB does not commission this programme. It is commissioned by NHS England. Please use contact details linked above to request this information from NHSE.

Some data is available directly through the programme here: [NHS England » NHS Type 2 Diabetes Path to Remission Programme](#)

The information provided in this response is accurate as of 9 April 2026 and has been approved for release by Caroline Dawe, Deputy Director of Performance and Delivery, Acute and Integrated Care, MHLDA and EPRR for NHS Bristol, North Somerset and South Gloucestershire ICB.