

**Reference:** FOI.ICB-2526/445

**Subject:** Discharge Pathways

*I can confirm that the ICB does hold some of the information requested; please see responses below:*

| QUESTION   | RESPONSE  |    |                   |    |                |     |               |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
|--|---|----|-------------------|----|----------------|-----|---------------|--|-----------|--|----|----|----|----|----|----|------|-----|----|---|----|-----|-----|-----|------|-----|----|---|----|-----|-----|-----|------|-----|----|----|----|-----|-----|-----|
| <p>1. How many pathway 2 (rehab to home) and 3 (community bed) beds are there in BNSSG currently? And how many in 2023, 2024, 2025 please?</p>             | <table border="1"> <thead> <tr> <th></th> <th colspan="2">Core Commissioned</th> <th colspan="2">Avg Additional</th> <th colspan="2">Core +Avg Add</th> <th rowspan="2">Avg total</th> </tr> <tr> <th></th> <th>P2</th> <th>P3</th> <th>P2</th> <th>P3</th> <th>P2</th> <th>P3</th> </tr> </thead> <tbody> <tr> <td>2023</td> <td>135</td> <td>95</td> <td>8</td> <td>10</td> <td>143</td> <td>105</td> <td>248</td> </tr> <tr> <td>2024</td> <td>135</td> <td>95</td> <td>8</td> <td>10</td> <td>143</td> <td>105</td> <td>248</td> </tr> <tr> <td>2025</td> <td>135</td> <td>95</td> <td>12</td> <td>14</td> <td>147</td> <td>109</td> <td>256</td> </tr> </tbody> </table> |    | Core Commissioned |    | Avg Additional |     | Core +Avg Add |  | Avg total |  | P2 | P3 | P2 | P3 | P2 | P3 | 2023 | 135 | 95 | 8 | 10 | 143 | 105 | 248 | 2024 | 135 | 95 | 8 | 10 | 143 | 105 | 248 | 2025 | 135 | 95 | 12 | 14 | 147 | 109 | 256 |
|  | Core Commissioned   |    | Avg Additional    |    | Core +Avg Add  |     | Avg total     |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
|  | P2  | P3 | P2                | P3 | P2             | P3  |               |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
| 2023   | 135   | 95 | 8                 | 10 | 143            | 105 | 248           |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
| 2024   | 135   | 95 | 8                 | 10 | 143            | 105 | 248           |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
| 2025   | 135   | 95 | 12                | 14 | 147            | 109 | 256           |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
| <p>2. How many pathway 2 beds are in:</p> <p>a) Specific rehabilitation units<br/>b) Community hospitals<br/>c) Nursing or residential homes</p>           | <p>a) 115 all with inhouse therapy<br/>b) 0<br/>c) 20 North Somerset only with therapy in reach from community provider</p>   |    |                   |    |                |     |               |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
| <p>3. How many hours on average of in-person therapy is delivered per patient per week by:</p> <p>a) Qualified therapy staff<br/>b) Therapy assistants</p> | <p>NHS England guidance is followed, and input is dictated by patient need on a case-by-case basis. NHSE guidance is 3/h/wk for a frailty cohort and that is the minimum provided in BNSSG (Bristol, North Somerset and South Gloucestershire).</p>   |    |                   |    |                |     |               |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |
| <p>4. How frequently are multidisciplinary team meetings held for patients in pathway 2 beds on average?</p>   | <p>1 meeting, per rehab unit, per week to discuss all patients and if required individual patient MDTs held as required.</p>  |    |                   |    |                |     |               |  |           |  |    |    |    |    |    |    |      |     |    |   |    |     |     |     |      |     |    |   |    |     |     |     |      |     |    |    |    |     |     |     |

| 5. Do questions 3 and 4 vary by type of pathway 2 bed (question 2 a/b/c)?  | No  |       |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
|--|---|-------|-------------------|--|--|----|----|------|----|-------|------|------|------|------|------|------|
| 6. What is the average length of stay in a pathway 2 bed? Does this vary by type of pathway 2 bed (question 2 a/b/c)?  | Overall average length of stay (Feb 26) is 34 days, median 28.  |       |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
| 7. What is the average length of stay in a pathway 3 bed?  | For BNSSG it is 43 days.  |       |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
| 8. What proportion of patients are discharged back to their own home from a:<br><br>a) pathway 2 bed<br>b) pathway 3 bed<br><br>broken down by year 2023, 2024, 2025 | <table border="1" data-bbox="1108 726 1534 949"> <thead> <tr> <th></th> <th colspan="2">avg % return home</th> </tr> <tr> <th></th> <th>P2</th> <th>P3</th> </tr> </thead> <tbody> <tr> <th>2023</th> <td>68</td> <td>13.85</td> </tr> <tr> <th>2024</th> <td>69.9</td> <td>22.6</td> </tr> <tr> <th>2025</th> <td>67.4</td> <td>18.7</td> </tr> </tbody> </table> <p>Please note: data for P2 2023 is a best estimate using available data due to reporting change</p> |       | avg % return home |  |  | P2 | P3 | 2023 | 68 | 13.85 | 2024 | 69.9 | 22.6 | 2025 | 67.4 | 18.7 |
|  | avg % return home   |       |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
|  | P2  | P3    |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
| 2023   | 68  | 13.85 |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
| 2024   | 69.9  | 22.6  |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |
| 2025   | 67.4  | 18.7  |                   |  |  |    |    |      |    |       |      |      |      |      |      |      |

***The information provided in this response is accurate as of 31 March 2026 and has been approved for release by Caroline Dawe, Deputy Director of Performance and Delivery, Acute and Integrated Care, MHLDA and EPRR for NHS Bristol, North Somerset and South Gloucestershire ICB.***