

Reference: FOI.ICB-2526/457

Subject: Premenstrual Dysphoric Disorder (PMDD) Diagnosis Waiting Times

I can confirm that the ICB does not hold the information requested; please see responses below:

QUESTION	RESPONSE
<p>I would like to know the average time it takes to get a diagnosis of Premenstrual Dysphoric Disorder (PMDD) within your ICB, please.</p>	<p>The ICB does not hold this information.</p> <p>PMDD is diagnosed in Primary Care and practices routinely signpost patients here: Period Problems - Well Aware</p> <p>See also, our website; Hospital appointment waiting times - BNSSG Healthier Together – for data relating to hospital appointment wait times.</p>

The information provided in this response is accurate as of 29 April 2026 and has been approved for release by Jenny Bowker, Deputy Director of Performance Delivery, Primary Care and Children’s Services for NHS Bristol, North Somerset and South Gloucestershire ICB.