

**Reference: FOI.ICB-2627/037**

**Subject: Self Harm Support Services for Young People (aged 25 years or under)**

*I can confirm that the ICB does hold some of the information requested; please see responses below:*

QUESTION	RESPONSE
<p>I am seeking information about urgent and emergency services commissioned by your organisation for young people following self-harm.</p> <p>I am specifically interested in services that respond within 24 hours of a self-harm episode, instead of longer-term or routine care (eligible services may include crisis teams, liaison psychiatry services, safe havens, crisis cafes, helplines and other urgent mental health support services). For the avoidance of doubt, I am looking for any services for individuals aged 25 years or under, including both specialist children/young people's services and services primarily designed for adults that may also be accessed by this age group.</p> <p>Please could you provide the following information?</p>	
<ol style="list-style-type: none"> <li>1. A list of all services/pilots/programmes commissioned or funded by your organisation that offer support, assessment or intervention to young people (aged 25 years or under) within 24 hours of a self-harm episode (defined according to NICE 2022: intentional self-poisoning or injury, irrespective of the apparent purpose).</li> <li>2. For each service identified, please provide (where available):               <ol style="list-style-type: none"> <li>a. Service name</li> <li>b. Brief description of the service (e.g., aim and objectives)</li> </ol> </li> </ol>	<p>Adults – BNSSG do not commission any services that are required to respond within 24 hours.</p> <p>Children and Young People - information and resources can be found on our Remedy site: <a href="#">Self-harm in Children and Young People (Remedy BNSSG ICB)</a></p>

<ul style="list-style-type: none"><li>c. Eligibility criteria (including age)</li><li>d. Access routes (e.g., telephone, walk-in service, referral from A&amp;E/GP)</li><li>e. Service setting (e.g., online, community-based, hospital-based)</li><li>f. Availability (days and hours of operation)</li><li>g. Geographic area covered</li></ul>	
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***The information provided in this response is accurate as of 22 May 2026 and has been approved for release by Helena Fuller, Deputy Director of Business, Strategy and Planning for NHS Bristol, North Somerset and South Gloucestershire ICB.***