

Reference: FOI.ICB-2627/083

Subject: Commissioning and provision of Cognitive Stimulation Therapy (CST) and post-diagnostic dementia support

I can confirm that the ICB does hold some of the information requested; please see responses below:

QUESTION	RESPONSE
To enable consistent analysis across ICBs, I have structured this request as a set of factual questions with defined response formats. Where a specific number or figure is requested, a reasonable estimate is acceptable. Where the answer is unknown or not held, please state "not held." All questions relate to the most recent 12-month period for which data is available unless otherwise specified. Please state the period covered in your response.	
Section A: CST Provision: - Does your ICB currently commission CST for people with mild to moderate dementia? Response format: Yes / No - If yes, how is CST commissioned? For example: included in memory service contract, spot purchase, block contract, or other. Response format: Category - Which organisation(s) deliver CST within your ICB area? Response format: Organisation name(s) - How many individuals received CST in the most recent 12-month period? Response format: Number - Is there currently a waiting list for CST within your ICB area? Response format: Yes / No	- Yes - Block contract - BNSSG ICB commission dementia services for the local population from two separate providers: - Devon Partnership Trust (Bristol Dementia Wellbeing Service) for Bristol - dpt.ig@nhs.net / Contact Devon Partnership NHS Trust - Avon and Wiltshire Mental Health Partnership (AWP) NHS Trust for North Somerset and South Gloucestershire - awp.freedomofinformation@nhs.net / https://www.awp.nhs.uk/contact-us/freedom-information For Bristol Cognitive Stimulation Therapy (CST) is included in the service specification as an intervention.

6. If yes, how many people are currently on the CST waiting list? Response format: Number 7. What is the average waiting time from referral to commencement of CST? Response format: Weeks 8. In which setting(s) is CST delivered? For example: • memory clinic • community mental health team • primary care • community venue • patient home • or other Response format: Category; tick all that apply	For South Gloucestershire and North Somerset this information is not included in the contract specification. 4. to 8. The ICB does not hold this information. We advise you to contact the providers directly.
Section B: Post-Diagnostic Support: 1. What is the average waiting time from dementia diagnosis to first post-diagnostic support intervention? Response format: Weeks 2. Is any post-diagnostic dementia support currently delivered in or through primary care within your ICB area? Response format: Yes / No 3. What is the current dementia diagnosis rate within your ICB area, as a percentage of estimated prevalence? Response format: Percentage	1. RTT (Referral to Treatment) average performance for Bristol is 3 weeks. For further detail regarding the type of treatment intervention please contact the provider as this is not held by the ICB. The RTT for the AWP memory service is not held. Please see contact details for providers above. 2. No. 3. As at February 2026 – Bristol 76%, North Somerset 73%, South Gloucestershire 65%
Section C: Falls and Frailty: 1. Does your ICB have a specific pathway or protocol linking dementia care with falls prevention? Response format: Yes / No 2. How many hospital admissions in the most recent 12-month period were attributed to falls among people with a recorded dementia diagnosis?	1. No 2. 1983, based on the information ICB holds at this time. This may not cover the entirety of the population.

Response format: Number	
Section D: Digital Approaches: - Has your ICB commissioned, piloted, or evaluated any digital or technology-enabled cognitive intervention for people with dementia? Response format: Yes / No - If yes, please provide the name of the technology and provider. Response format: Name(s)	- No - N/A
Section E: Workforce: - Which staff group(s) currently deliver CST within your ICB area? For example: - Psychologist - occupational therapist - nurse - healthcare assistant - social prescriber - voluntary sector - or other Response format: Category; tick all that apply - Has your ICB identified workforce capacity as a barrier to delivering CST at the scale recommended by NICE? Response format: Yes / No	- This information is not held by the ICB. We advise you to contact the providers directly. Please see contact details above. - No

The information provided in this response is accurate as of 17 June 2026 and has been approved for release by Caroline Dawe, Deputy Director of Performance and Delivery, Acute and Integrated Care, MHLDA and EPRR for NHS Bristol, North Somerset and South Gloucestershire ICB.